COACHES GUIDEBOOK
FOR JUNIOR TENNIS

Prepared by:
The USTA/Midwest Section Coaches Commission
With contribution from the USTA/Midwest Section Junior Tennis Division

February 15, 2005
Dear USTA/Midwest Section Coaches:

The USTA/Midwest Section Coaches Guidebook is an effort to provide you with general information as you and your young player enter the world of recreational and competitive tennis.

The intent of the Guidebook is not to answer every question you may have, but to highlight the areas of junior recreational and competitive tennis that you need to know. The USTA/Midwest Section Coaches Commission will make updates to this Guide from time to time as rules and other pertinent information changes.

I would like to thank Andrea Calvert-Sanders, the USTA/Midwest Section Director of Junior Tennis and her staff (Greg Boyd, Chad Docktor and Shelly Kindig Bugg), as they were instrumental in the content of this manual. Their leadership in compiling the information and content layout presented is truly appreciated.

Your input as a tennis coach is very important to the Section. Please contact Andrea at the USTA/Midwest Section office if you have any questions or comments about any of the information provided.

Sincerely,

Mark Faber, Sub-Chairman
USTA/Midwest Section Coaches Commission

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2005 USTA/Midwest Section Coaches Commission:
The following members will serve on the USTA/Midwest Section Junior Competition Committee Coaches Commission Sub-Committee:

Sub-Committee Chair:
Mark Faber, Toledo, OH

Members:
Mark Bey, Libertyville, IL
Jim Elwing, Pepper Pike, OH
Mike Haber, Kenosha, WI
Ernie Katko, Glenbrook, IL
Paul McDonald, Chicago, IL
Brian Nester, Cincinnati, OH
Bryan Nibert, Chillicothe, OH
Gilbert Rincon, Flint, MI
Rick Vetter, Mequon, WI
Tony Woodworth, Battle Creek, MI
Junior Tennis Pathway

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USA School Tennis was introduced across the country in 1985 as a way to bring the sport of a lifetime, T-E-N-N-I-S, to children in school through their physical education classes. In the Midwest alone, there are over 8 million children enrolled in elementary, middle and high schools, both public and private. The USTA/Midwest Section and the USTA has a way of introducing tennis to all of these children with an in-school and after-school environment.

The USTA/Midwest Section has designed a way to make the delivery of tennis easy for Physical Educators. This training meets the needs of Physical Educators in K-12 and gives them the ability to offer USA School Tennis with a limited budget. Attendees of the program will be linked to a network of manufacturers that offer deep discounts for tennis equipment. Detailed lesson plans guide the teacher through the implementation process in an activity-based environment just as a student would experience in class.

A tennis curriculum for grades K-12 including a section for students with disabilities is in its 8th edition and is available for each teacher. The USTA/Midwest Section has taken the liberty of cross-referencing this tennis curriculum with the current NASPE and state standards that all Physical Educators must meet in their classes.

This participatory workshop, using modified equipment, will arm K-12 Physical Educators with the necessary tools to implement the new USA School Tennis program that meets NASPE standards by creating an enhanced learning and outcome based environment.

Wilson is the National sponsor for USA School Tennis. Once a school participates in the USA School Tennis Program the school will receive free Wilson tennis racquets and balls.

There is a big push for getting school children involved and more active in after-school programs around Midwest. Offering tennis to the children is not only a great physical activity, but wonderful for socializing and for fighting the obesity battle we face in America’s youth. The USTA/Midwest Section offers after-school start-up grant monies to assist with getting new programs like these off the ground.

Interested in learning how your school can be involved in USA School Tennis and be eligible for all of these exciting opportunities? Find out about all the benefits of joining the USTA/Midwest Section and how to receive free or discounted tennis equipment. For more information on USA School Tennis, please contact Shelly Kindig Bugg at 517-336-1987 or shelly@midwest.usta.com.

HOW A PHYSICAL EDUCATION TEACHER CAN SET UP AN IN-SERVICE WORKSHOP AND THE REQUIREMENTS

Physical education teachers, clinicians, school principals, etc. can contact Shelly Kindig Bugg at the USTA/Midwest Section Office 517-336-1987 to set up a free, three hour in-service workshop.

Requirements: 15 physical educators (suggested)
- USTA/Midwest organizational membership per school
- a three-hour block of time
- a date, and a location (usually a school gymnasium or cafeteria). convenient time to have the tennis workshop is on a schools institute day. All the equipment and forms will be provided for the in-service workshop.

USA SCHOOL TENNIS BENEFITS

As a participating school, physical education teachers can take advantage of the following benefits:
- Free, professionally conducted teacher training workshops
- Entertaining school assemblies and quarterly newsletters
- Quality USA School Tennis Curriculum Guide
- Assistance in meeting equipment needs
- Access to after-school and intramural program grants
- Student eligibility for scholarships

**ASSEMBLIES**
An additional part of USA School Tennis are school assemblies, however, assemblies are optional. Assemblies last approximately 45 minutes and can be given at elementary and junior high schools. Similar to the in-service workshop, assemblies are presented in the school gymnasium or cafeteria and are free of charge. A USTA/Midwest Section Staff Member or Clinician brings all the necessary materials (racquets, balls, prizes, etc.), however, they ask that the physical educator set up a lowered volleyball net and a microphone system if needed. The assemblies get students excited and interested in their up-coming tennis classes or after-school programs.

**REQUIREMENTS NEEDED TO RECEIVE BENEFITS**
Once a physical education teacher attends and participates in the in-service workshop, signs up their school as a USTA/Midwest organizational member, agrees to add tennis into their curriculum, and teaches a minimum of 8 tennis classes per year, their school is eligible for FREE tennis racquets and balls. Additionally, the physical education teacher will receive the USA School Tennis Curriculum Guide (which explains a variety of drills, relays, etc.), discounts on Wilson equipment.

P. E. 4LIFE is a non-profit, advocacy organization dedicated to the delivery of health, fitness and sports activities to all students, every day in school. Daily physical education provides a simple and inexpensive solution to reduce children's exposure to chronic diseases, while fostering lifelong fitness habits. Please visit www.pe4life.org for information on P. E. 4LIFE Institutes, grant opportunities, or advocacy tools for anyone interested in physical education. www.pe4life.org

Since its establishment by Arthur Ashe, Charlie Pasarell and Sheridan Snyder in 1969, USA Tennis NJTL has had a significant impact on the lives of many of our nation’s youth. USA Tennis NJTL seeks to develop the character of young people through tennis, emphasizing the ideals and life of Arthur Ashe by:

- **Reaching out** to those who may not otherwise have the opportunity to learn and play tennis.
- Instilling in youngsters the **values** of humanitarianism, leadership and academic excellence.
- Giving youngsters the opportunity to fully **develop** their tennis skills so they can derive a lifetime of enjoyment from the sport.

USA Tennis NJTL is a community-driven program that keeps youngsters off the streets and out of trouble by providing them with a safe haven, adult role models and an opportunity to develop positive social skills and learning disciplines. Many USA Tennis NJTL participants have gone on to become doctors, lawyers, teachers, engineers, accountants, tennis teaching professionals, coaches, and business executives. A few have even become professional tennis players.

Why become a USA Tennis NJTL Chapter or Program? Here are 18 benefits (back) of the USA Tennis NJTL program. If you are interested in forming a new USA Tennis NJTL program or chapter, please complete the Registration Form and mail it back to the USTA/Midwest office. An NJTL program can be formed through a school, a youth organization or club, a private tennis facility or even a park and recreation site.

To learn more about USA Tennis NJTL, contact Shelly Kindig Bugg at 517-336-1987 or shelly@midwest.usta.com.
18 Benefits to Becoming Affiliated with USA Tennis NJTL:

1. The USA Tennis NJTL mission is relevant to you and your community.
2. Be associated with a credible organization that has proven mission-driven programs that work well on public courts and a network of leaders who can assist in raising local private and public funds.
3. Chapters have permission to use the name, logos, and Arthur Ashe materials of USA Tennis NJTL exclusively in a specified territory.
4. Receive program materials designed to work in public parks and schools and participate in training for coaches and key staff. Receive at no charge a stock of posters and a marketing kit with room for local information, an on-court leaders manual, and a program development guide (with extras available at non-profit pricing).
5. Participate in Sectional/District/Regional events designed for USA Tennis NJTL teams such as inter-city/county competitions and regional rallies with assistance from the USTA National and Sectional Offices.
6. Be listed in the National Registry of USA Tennis NJTL chapters and programs. The listing includes: the category of the chapter or program; the names of its Board of Directors, officers, or key volunteer leaders; date of origin; size of budget; number of sites; number of children reached in last reported year; legal charitable status; address, phone numbers, etc. The Registry will be made available as a reference book to major foundations interested in youth; the ATP and WTA Tours; player agents; tournament directors; all USTA Sections and Districts; all chapters and programs. It will be updated every two years.
7. Receive a leadership-oriented newsletter focusing on USA Tennis NJTL chapter achievements at least twice a year.
8. Be eligible to receive for staff or volunteers a paid trip(s) (standard reimbursement for travel lodging and registrations) to the USA Tennis Community Tennis Development Workshop.
9. Be invited to major USTA Sectional and/or District events that promote exchange of information and networking with tennis leaders in the Section or District. This would also include training opportunities for coaching and administrative staff in on-court programming, organizational development, educational guidance services, and private and public fundraising.
10. Be eligible to purchase Head racquets and Penn balls, T-shirts and trophies at a discount through NetKnacks, our national group-purchasing program.
11. Be eligible for general public liability and other group insurance packages.
12. There is an opportunity for key board members and/or volunteers to participate on USA Tennis NJTL’s National Committee.
13. Be eligible for your youngsters to receive USA Tennis Foundation Scholarship Funds for college tuition and books.
14. Be eligible for USTA Multicultural Participation Grants, as well as various other special opportunities (such as the Invitational Tennis Leadership Camp) and grants available through the USTA Sections and/or the USTA national office, such as “Adopt a Court.”
15. USA Tennis NJTL Instructors may receive a scholarship to attend a Development Coaches Workshop, and incentives for every NJTL coach registered.
16. Be eligible for your youngsters to participate in the Arthur Ashe Essay Contest. Winners receive an all expense paid trip to New York, and are honored at Arthur Ashe Kids Day, which takes place during the beginning of the U.S. Open.
17. Be eligible for your youngsters to participate in the national Invitational Tennis Leadership Camp. Winners get to experience a weeklong all expense paid camp.
18. Be eligible for sectionally and nationally ranked players to compete in international competition, be involved in a social and cultural exchange program, and attend Grand Slam events through the Two Nations Challenge.

**USTA Master Liability and Accident Insurance Program**

Qualified NJTL’s can benefit from professional high quality Liability and Accident Insurance. NJTL’s can now operate freely with this new coverage being provided under a Master-policy program and a dedicated service center to guide you through the process. For more information, please contact Shelly Kindig Bugg.
Description
USA Team Tennis is the largest junior recreational tennis league in the USA with over 400,000 participants nation-wide. USA Team Tennis is often compared to Little League Baseball, as the program offers children the opportunity to develop their individual and team tennis skills in a fun, yet competitive atmosphere.

Official Name
It is required to have USA Team Tennis in your program name. USA Team Tennis logos are available upon request. Name recognition is just one of the advantages of the program.

Minimum Requirements
- Name league USA Team Tennis
- 4 teams in a league and 6 players per team
- 6-8 week league season with at least 1 practice and one match per week

Levels of Play
USA Team Tennis offers the following levels based on age and Junior National Tennis Rating Program (JNTRP):

**12 and Under Division**
- Ralleyball Format: 2.5 JNTRP and Below
- Intermediate: 3.0 JNTRP and Below
- Advanced: 3.5 JNTRP and Above

**14 and Under Division**
- Intermediate: 3.0 JNTRP and Below
- Advanced: 3.5 JNTRP and Above

**18 and Under Division**
- Intermediate: 3.0 JNTRP and Below
- Advanced: 3.5 JNTRP and Above

- Anyone with a USTA/Midwest Section or is ranked in the top 75% of their District end of the year ranking is required to play in the Advanced division.
- Players participating in USA Team Tennis Sectional Championships must play in at least two local league matches that have been recorded in TennisLink.
- Players must be age eligible through the end of the USTA/Midwest USA Team Tennis Sectional Championships.

JNTRP Guidelines
Use the following guidelines to help place participants in proper skill levels. These guidelines may be used by a coach, parent or a player. Skill levels will be monitored at District and Sectional Championships.

1.0 Player is just starting to play tennis and is learning the basic skills of serving, forehands, backhands and volleys.
1.5 Player needs to coordinate moving when hitting the ball. Player is still concentrating on getting the ball over the net from a stationary position. Player is learning to serve and keep score.
2.0 Player is now beginning to coordinate footwork when contacting the ball but is not consistent in hitting the ball over the net. Player can serve to some degree but double faults often. Player
understands scoring as well as correct serving and return of serve positions. Player has limited success with volleys but has knowledge of court positioning in singles and doubles.

2.5 Player is able to judge where ball is going. Player can sustain a slow paced rally of several shots with someone of the same ability using both forehand and backhand sides and can volley with moderate success. Player can keep score unassisted, can call own lines, can serve overhand from baseline and has understanding of basic rules.

3.0 Player is getting better at moving to the ball and is improving court coverage, can sustain a rally with consistency on slow to moderate paced shots. Player serves with fair consistency with few double faults. On groundstrokes, player needs to improve control of height, depth, direction and speed. Player attempts to move opponent from side to side and hit to the opponent's weakness.

3.5 Player can sustain a rally and is beginning to develop directional control and depth of groundstrokes. Player is starting to recognize opportunities to attack short balls by coming to the net. Player is developing more spin and power on the serve and seldom-double faults. Player is becoming more aggressive and applying basic strategy in singles and teamwork in doubles.

4.0 Player has dependable strokes, including directional control and depth on higher-paced shots and has good court coverage. Player has added variety in shot selection by using lobs, overheads, volleys, and approach shots with some success. Player is developing a game plan, is serving with good consistency and is now forcing some errors with power and/or spin. Player demonstrates good teamwork in doubles.

4.5 Player has a very dependable game and executes most shots consistently on higher-paced shots. Player's court coverage and footwork are sound and has begun to master the use of power and spins. Player can vary depth of shots and game plan according to opponents. Player's first serve may produce some winners and second serves are hit with good spin and placement. Player can be aggressive in both singles and doubles and covers weaknesses well. Player is developing an offensive weapon.

5.0 Player has good shot anticipation and frequently has an outstanding shot or weapon around which a game may be structured. Player can regularly hit winners or force errors on short balls and is capable of all shots. Player's first serve is an offensive weapon and often rushes the net after the first or second serve. Volleys and overheads are typically winning shots. Player is match-wise and uses shots that have a high percentage of success in both singles and doubles.

10 Easy Steps to Getting Started

1. Locate and Train a Coordinator
   - Coordinator Stipend- League coordinators in non-USTA funded markets may receive between $250-$750 based on the number of teams in the league. A stipend application must be filled out and sent in to your District League Coordinator.
   - Program manuals and videos are available for coaches and coordinators.
   - The USTA/Midwest Section offers training free of charge.

2. Define Characteristics of League
   - Who- Target market (age and ability)
   - What- Are you going to run a traveling league or run it at one site? Recommended Formats= 12 and Under Division- Ralleyball, 12, 14 and 18 Divisions-World Team Tennis. *Hint* District and Sectional Playoffs are coed, include 1 boys and girls singles, 1 boys and girls doubles and two mixed doubles matches and number of total games won determines winning team.
   - When- After school, weekends, two days a week, one day with practice and match, 6-8 weeks, Winter, Spring, Summer, Fall.
   - Where- Park, Indoor or Outdoor Club, School Courts, Gym Floor, Etc.
   - How- Who is going to coach your teams and run your practices? Volunteer parents, Certified Pros, High School Coaches, High School or College players.
   - How Much- You set your own league fees. Participants in the 12 and under division do not have to pay any program fees to the USTA/Midwest Section. All participants in the 14, 18 and under divisions will have to be a current USTA Member ($15.00).
3. **Set up Registration Process/Sign Ups**
   - It is recommended to have mail and call in sign-ups and an open house. An open house will give you a chance to explain the program to parents and also solicit volunteers.

4. **Design Flyer and Promote to Target Audience**
   - Pass out flyers to schools.
   - Put registration information in Park District Newsletters.
   - Use facility or Community Tennis Association (CTA) website to post registration information.

5. **Complete Rosters On-line**
   - It is mandatory for advancement in 2005 to complete all player registration on TennisLink for Team Tennis.
   - Go to www.usta.com and click on the TennisLink Team Tennis button on the left side of the home page to get to the system. It is extremely user friendly.

6. **Train Coaches**
   - USTA will provide a trainer and collateral materials for hosting a Development Coaches Workshop.
   - Contact the USTA/Midwest Section to receive an application.

7. **Make Schedule of Play**
   - Schedules can be created and posted on TennisLink Team Tennis.

8. **Tabulate Results**
   - Scores can be entered and viewed on the TennisLink Team Tennis Site.

9. **Coordinate Local League Playoff and/or End of Year Party**
   - A local league playoff will determine teams that go on to District Playoffs.
   - Have a pizza/awards party. Have each coach give out awards (MVP, Sportsmanship, Most Improved, etc.).

10. **Send Teams To District Playoffs**
    - District playoff dates vary per district.
    - Winning teams from District Playoffs go to the Sectional Championships from August 13-15 in Indianapolis, IN, and then have an opportunity to advance to Nationals.

**Additional Ways to Make Your League Successful**

**T-Shirts**
T-shirts will be available for free in 2005. USA Team Tennis T-shirts make great team uniforms. Team and players names can be screened on the shirts. Your District League Coordinator will mail you a T-shirt order form upon receiving your league application. It is encouraged to find sponsors to help offset league cost. Sponsor logos may also be screened on the back of USA Team Tennis T-shirts.

**Awards**
Tennis awards are available by going to the NetKnacks website. www.tennisawards.com. Awards can be given out for participation, winning and runner up teams, and sportsmanship.
USA Team Tennis
Ralleyball Format

DESCRIPTION:
The Ralleyball format is tennis as an organized team sport for grade school age students. The game is altered slightly by modifying the traditional serve and scoring to make it easy and fun right away. The format was created to give students the opportunity to participate in tennis the same way they are able to play soccer, basketball, and baseball. The format is designed to be beginner friendly for the students and easy to operate for the site directors and teachers. The format consists teams of 6 players each in a 6 to 8 week season with weekly practices and matches, a T-shirt that serves as a uniform and a season-end celebration.

BENEFITS:
Your site will benefit greatly by your ability to offer safe, organized, healthful, large group activity resulting in increasing revenues, profits, growth, and exposure.

PLAYER PROFILE:
1. Boys and girls ages; 6 years to 12 years
2. Beginner level of skill; 1.0 to 2.5
3. Students Grades 1 to 6

AGE DIVISIONS:
The students are separated into three divisions according to grade level. They are identified as an age division, as follows:

- 8 & Under (grades 1 & 2)
- 10 & Under (grades 3 & 4)
- 12 & Under (grades 5 & 6)

RALLEYBALL SITE MANUAL and Video:
The manual and video further describe each of the requirements as they occur during the season. The manual is designed to be very detailed to make available to the Coordinator of the program all related steps and procedures. The program is very flexible to allow the site to select the degree of detail to include in a season. As you scan the program steps, you will note many areas of flexibility, including administration, communication, and pricing.

Note: any expenses for the season resulting from the requirements listed below should be tallied and considered when setting a registration fee (if any) for the student.

- Manual and Video Available Upon Request
- Play is doubles, with remaining team players on sidelines.
- First toss (by Staff/Teacher/Volunteer) goes to winner of the spin. Second (serve) toss is given to each player, if first toss is missed.
- Toss alternates teams on every missed ball.
- Toss should be given in a figure eight pattern. Example, Team A deuce court, receives first toss. Team B, deuce court, receives next toss. Team A, ad court, receives next toss. Team B, ad court, receives next toss, and so on...
- Players stay on court as long as rally continues.
- One point is scored for each team, each time the ball lands in play. Points are recorded on a score sheet, as they occur, and tabulated throughout the match.
- Players rotate, in pairs, on every missed ball. Only the team that misses the ball rotates.
- When rotating off the court, players should go to the end of their team line, and the next two players take the court. Rotation is continuous throughout a timed set.
- Three timed (10-minute) sets are played for each match. Points are tallied for each set then totaled for the match result. Most cumulative points win the Match. In the event of a tie score, best two of three set scores win the match. Further tiebreak is a one-rally tiebreak played with total points in the rally to determine the final result.
TennisLink for USA Team Tennis (teamtennis.usta.com)
Spend Less Time at Your Desk and More Time on the Courts

Features:
- On Line Program application and approval
- Web based Program Management including:
  - Team Creation
  - Moving Teams between Flights
  - Moving Players between Teams
  - Moving unassigned players to teams
  - Creating Schedules
  - On Line Roster Registration (accessible to players and captains)
  - On Line Score Recording
  - Instant Standings calculations
  - Variety of Reports available to Coordinators, Captain and Players
    - Player Count (to monitor registration)
    - Standings
    - Match Summary – with scheduled matches and match numbers
    - Match Schedule – with info on Captains
    - Team Captains Report
    - Player Rosters
    - Scorecards and Completed Match information
    - Team Summary Page, stats related to a specific Team
    - Player Record, stats related to a specific Player
    - Registration statistics available to coordinators in a variety of reports
    - Ability to setup Championships at Area, District, Section, Regional or National Level

Benefits:
- Replaces volumes of paperwork with web based application that is accessible to Players, Captain and Coordinators and frees up coordinators time allowing them to concentrate on managing their programs and “Growing the Game”
- Provides the opportunity and means to maintain a centralized database to track program and individual activity and participation in the Team Tennis Program
- Increases the visibility of the Team Tennis Programs
- Provides Players with a greater sense of participation in a National Program

TennisLink for USA Team Tennis (teamtennis.usta.com)
Spend Less Time at Your Desk and More Time on the Courts

Program Coordinator Options

Putting your league on-line...
2. How do I get started? Click on become a program coordinator. Enter in your usta number or pertinent information if you are not a USTA member. Create a password, confirm it, and then make up a password hint in case you forget it. Click submit and write down your team tennis ID # if you are not a USTA number.
3. How do I get my program on the system? Click on create new program. Fill out the program application. On the summary page at the end you will need to click on submit.
4. What do I do after I submit my program? Your application will be listed as submitted until it is reviewed and approved by your District or Section Coordinator.

Registering Teams...

2. **How do I get started?** Log in as a Program Coordinator. Click on "programs" under my options.

3. Click on "youth" next to your program name. That will take you to your program homepage. You will see administration options on the right side of the page. You will first need to create flights in each division.

4. After you have created a flight you click on the flight name and then you will see "create new team" in the administration box. If you then click on the team name within the flight you can add players.

5. If you want the coaches or players to register themselves you will need to copy their team numbers down.

### Coach/Captain Options


2. **How do I get started?** Click on become coach/captain. Enter in your usta number or player information if you are not a member. Create a password, confirm it, and then make up a password hint in case you forget. Click submit.

### Registering Teams and Players...


2. **How do I get started?** Log into the system as a coach/captain.

3. **Team Registration** - Click on "create new team". Select Section, District, City, State, and Zip Code and then click go. Click on "youth" next to the program in which you want to create a team. Create team name, select facility, select division, check affiliations, and then click save.

4. **Player registration** - click on register players. If the player has a USTA number enter it in. If they do not click on "Don't have a number?" You will have to fill out the player's info and click save. The player will be given a USA Team tennis ID Number. Enter the Team Number. Click on "Search" to enter the school that the player attends. Enter in the name of school, state, and zip and then click search. Click on the school name. After the player information is complete on the roster, click on "proceed to check out". You will then pay the program fees, and/or the $2.00 TennisLink registration fee. **Note** If a program coordinator already set up your team then you click on "register for a team" on the home page. Then you will put in the team number and player information.

5. **Note** All players in the 14, 18 and Under divisions in the USTA/Midwest Section must be USTA Members or they will not be able to proceed to register. All 12 and Under participants do not need to be USTA Members.

### Entering Match Scores...


2. Long into the system as a coach/captain.

3. Click on "score entry" under the my options heading.

4. Enter in the match number and click "next". The match number can be found on the schedule.

5. Enter the date of the match at the top and then the match results. Click "next" and review the information. Click "finish" when you are done.

### How to find your match schedule and Additional Reports...

1. **Where do I go?** Go to teamtennis.usta.com

2. Log into the system as a coach/captain.

3. Click on the stats and standing icon to the right of the team name. You will then see:

   - **team summary** - lists players registered for this team, team standings, and team matches schedule
   - **match schedule** - lists date, time and location of all matches on schedule, good report to give to players/parents.
   - **player roster** - lists all players on your team, including contact information
   - **blank scorecard** - provides a blank scorecard at could be taken to a match for score recording
   - **coach/captain report** - a list of all coaches within the division with contact information.

### Player Options

1. **Where do I go?** Log onto teamtennis.usta.com

2. How do I register? Click on "Register for a Team". If you have a USTA Number enter it. If you do not click on "Don't have a number?" and fill out your information. Make sure you write down your USA
Team Tennis Number. Then enter in your team number. Click on "Search" to enter school. Enter in
the name of school, State, and Zip Code, and then click search. Click on your school name. After you
have competed everything click on "Proceed to check out". You will then pay the program fees, and/or
the $2.00 TennisLink registration fee.

3. *Note* All players in the 14,18 and Under divisions in the USTA/Midwest Section must be USTA
Members or they will not be able to proceed to register. All 12 and Under participants do not need to
be USTA Members.

How to find your match schedule and Additional Reports...
1. Where do I go? Go to teamtennis.usta.com
2. Enter in your team number under view program stats and standings at the bottom of the home page.
3. You will see:
   team summary- lists players registered for this team, team standings, and team matches schedule
   match summary- lists all matches on schedule with results of each match played.
   match schedule- lists date, time and location of all matches on schedule, good report to give to
   players/parents.
   player roster- lists all players on your team, including contact information
   blank scorecard- provides a blank scorecard at could be taken to a match for score recording

If you have questions or are experiencing problems with the system:
Chad Docktor, USTA/Midwest Section Junior Teams Coordinator, 317-577-5130 ext. 231,
chad@midwest.usta.com or Linkteam@usta.com

**Dates to Remember**

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<thead>
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<th>Event</th>
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<td>January 29-30</td>
<td>USA Team Tennis District Coordinators Workshop</td>
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<tr>
<td>July 15</td>
<td>Deadline for submitting summer league rosters on-line for programs to be eligible to send teams to District Playoffs.</td>
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<tr>
<td>August 1-5</td>
<td>AAU Junior Olympic Games (Des Moines, IA)</td>
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<td>August 1</td>
<td>Deadline for Sectional Championship entry</td>
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<td>August 12</td>
<td>Sectional Championships Coaches Meeting</td>
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<tr>
<td>August 13-15</td>
<td>Sectional Championships</td>
</tr>
<tr>
<td>October</td>
<td>USA Team Tennis Regionals (Site and Dates TBD)</td>
</tr>
<tr>
<td>November</td>
<td>USA Team Tennis Nationals (14 and 18 and Under Advanced)</td>
</tr>
<tr>
<td>December 31</td>
<td>Year end deadline for registering players on-line</td>
</tr>
</tbody>
</table>

For More Information Please Contact Your District League Coordinator

<table>
<thead>
<tr>
<th>DLC</th>
<th>Address</th>
<th>City</th>
<th>St</th>
<th>Zip</th>
<th>Phone</th>
<th>E-mail</th>
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<tbody>
<tr>
<td>DLC</td>
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</tr>
<tr>
<td>NANCY WATLAND-CHI</td>
<td>18465 Morris Ave.</td>
<td>Homewood</td>
<td>IL</td>
<td>60430</td>
<td>708-799-1323</td>
<td><a href="mailto:naenaw@aol.com">naenaw@aol.com</a></td>
</tr>
<tr>
<td>TIM CLAY-NIL</td>
<td>21 Olpimus Dr. Apt. 2B</td>
<td>Naperville</td>
<td>IL</td>
<td>60540</td>
<td>815-212-2837</td>
<td><a href="mailto:tennisclay@yahoo.com">tennisclay@yahoo.com</a></td>
</tr>
<tr>
<td>VICKI SCHMIDGALL- MIL</td>
<td>701 E. Queenwood</td>
<td>Morton</td>
<td>IL</td>
<td>61550</td>
<td>309-263-7550</td>
<td><a href="mailto:vickimil@mtco.com">vickimil@mtco.com</a></td>
</tr>
<tr>
<td>DIANE METZGER-SIL</td>
<td>323 1/2 West Webster</td>
<td>Benton</td>
<td>IL</td>
<td>62812</td>
<td>618-439-0204</td>
<td><a href="mailto:metzger@rlcc.il.us">metzger@rlcc.il.us</a></td>
</tr>
<tr>
<td>TIM TAYLOR-CIN</td>
<td>1050 East 86th St. Suite 55A</td>
<td>Indianapolis</td>
<td>IN</td>
<td>46240</td>
<td>317-846-4560</td>
<td><a href="mailto:tim@centralindianatennis.com">tim@centralindianatennis.com</a></td>
</tr>
<tr>
<td>PATTY SCHRACK-NIN</td>
<td>23959 C. R. 106</td>
<td>Elkhart</td>
<td>IN</td>
<td>46514</td>
<td>574-264-0611</td>
<td><a href="mailto:schrocktennis@aol.com">schrocktennis@aol.com</a></td>
</tr>
<tr>
<td>TBA-NMI</td>
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</tr>
<tr>
<td>KATRINA WALKER-SEM</td>
<td>15195 Farmington Rd. Suite A-1</td>
<td>Livonia</td>
<td>MI</td>
<td>48154</td>
<td>734-421-1025</td>
<td><a href="mailto:katrina@semich-usta.com">katrina@semich-usta.com</a></td>
</tr>
<tr>
<td>JODY MCBAIN-WMI</td>
<td>2001 South 11th St.</td>
<td>Kalamazoo</td>
<td>MI</td>
<td>49009</td>
<td>616-387-0410</td>
<td><a href="mailto:mcbain@wmich.edu">mcbain@wmich.edu</a></td>
</tr>
<tr>
<td>LAURA GRAHAM-NEO</td>
<td>9125 Lakeview Dr.</td>
<td>Olmstead Falls</td>
<td>OH</td>
<td>44138</td>
<td>440-427-1068</td>
<td><a href="mailto:lgktennis@aol.com">lgktennis@aol.com</a></td>
</tr>
<tr>
<td>AMY BEAVERSON-NWO</td>
<td>3839 Maxwell</td>
<td>Toledo</td>
<td>OH</td>
<td>43613</td>
<td>419-292-0075</td>
<td><a href="mailto:abeaverson@hotmail.com">abeaverson@hotmail.com</a></td>
</tr>
<tr>
<td>PEGGY KNASEL-OV</td>
<td>119 East Harding Rd.</td>
<td>Springfield</td>
<td>OH</td>
<td>45504</td>
<td>937-390-1021</td>
<td><a href="mailto:ten008@aol.com">ten008@aol.com</a></td>
</tr>
<tr>
<td>JON FRAUSTO-WIS</td>
<td>817 Reed St.</td>
<td>Plymouth</td>
<td>WI</td>
<td>53073</td>
<td>920-860-0751</td>
<td><a href="mailto:John@topspintennis.com">John@topspintennis.com</a></td>
</tr>
</tbody>
</table>
Junior Tournament Structure:

**THE BASICS OF TOURNAMENT TENNIS: GETTING STARTED**

In order to play competitive tennis, a player must first become a member of the United States Tennis Association. The following are options on how to apply for a junior membership:

- **Sign up at** [www.midwest.usta.com](http://www.midwest.usta.com). (This will give you an immediate USTA membership and member number.)
- **Call 1-800-990-USTA or sign up at the tournament site itself.** (This method will also give you an immediate USTA membership and member number.)
- **at a tournament site**
- **Write to the following address:** United States Tennis Association  
  70 W. Red Oak Lane  
  White Plains, NY 10604

Once a member of the USTA, the player will receive a membership number and card. This membership will also make the player a member of the USTA/Midwest Section. The USTA/Midwest Section includes the states of Illinois, Indiana, Michigan, Ohio, and Wisconsin, as well as parts of Kentucky and West Virginia. The headquarters of the USTA/Midwest Section is located at:

8720 Castle Creek Parkway, Suite 329  
Indianapolis, Indiana 46520  
Telephone: (317) 577-5130  
Fax: (317) 577-5131 - Office or  
(317) 577-5123 - Junior Tennis Division

**WHAT IS A SANCTIONED TOURNAMENT?** A sanctioned tournament is one that is approved by the USTA. The club, organization, or person running the tournament has paid a sanction fee to the USTA and agrees to run the tournament following USTA Tournament rules and regulations. Complete tournament schedules are available on the USTA/Midwest Section website ([www.midwest.usta.com](http://www.midwest.usta.com)). Upon request, the USTA/Midwest Section will provide a paper copy of the tournament schedule for both juniors and adults. Sanctioned national tournaments are listed in the USTA National Junior Tournament Schedule or on the USTA website ([www.usta.com](http://www.usta.com)).

**LEVELS OF COMPETITIVE TENNIS AND TOURNAMENT**

- **District level** - This level is for local competition and players but events are normally open to players from other districts.
- **State level** - Encompasses each individual state in the USTA/Midwest Section. These events include players from each district within each state and, in some cases, players from outside the state.
- **Sectional level** - This level includes the following states in the USTA/Midwest Section: Illinois, Indiana, Michigan, Ohio, and Wisconsin, as well as parts of Kentucky and West Virginia. These events include players from each District within the Section and may be open to players from outside the section.
- **National level** - Encompasses the United States. These events include players from each section within the United States. USTA National Championships have restrictions on the participation of players who are not U.S. citizens or permanent resident aliens.
- **International level** - Encompasses the world. These events include players from all around the world.
LEVELS OF TOURNAMENTS IN THE USTA/MIDWEST SECTION

In addition to the major levels listed above, the USTA/Midwest Section adopted a three-tiered structure to offer junior players the chance to compete at appropriate levels. By providing different levels of tournaments in the Section, the hope is that stronger players will have a greater likelihood of choosing events with strong competition, while players who are in earlier stages of development will have a better opportunity to compete with players closer to their own level of play.

The USTA/Midwest Section junior tournament structure encompasses all of the junior age divisions (18, 16, 14, and 12) and has three levels set forth below. There is also a 10-year old division for District play. The three levels of play are as follows:

- The Junior Masters Circuit is designed to provide the highest caliber of play within the USTA/Midwest Section for juniors playing for sectional and national rankings.
- The Junior Challenger Circuit is designed to provide an appropriate level of play for juniors playing for state and sectional rankings. Challenger level tournaments make up approximately 90% of all tournaments in the USTA/Midwest Section.
- The Junior Satellite Circuit is designed for players who have never had a District or Section ranking. Each District offers Junior Satellite Tournaments, which are ideal for newly competitive players. Junior Satellite Tournaments are an excellent way for players to become accustomed to competitive tennis and familiar with the rules of tournament play. Results from Junior Satellite Tournaments do not count toward a District or Section ranking.

HOW TO DETERMINE WHAT AGE DIVISION A PLAYER MAY PARTICIPATE IN?

The USTA has adopted a “month of birth” age eligibility for junior players competing in USTA sanctioned tournaments. The rule applies to all local, District, Sectional, and National USTA sanctioned tournaments. Junior players may continue to play in the 12, 14, 16, 18 age divisions until the month they turn 13, 15, 17, or 19 respectively. Players should use the starting date of the tournament to determine eligibility when a tournament begins.

Commonly Asked Questions Concerning USTA/Midwest Section Seeding & Selection List

How are they calculated?

1. The USTA/Midwest Section Seeding & Selection List uses all match results from the previous 12 months that have been entered into the ranking database at the time of publishing.
2. The Seeding & Selection List population of players is made up of all players who participated in the Midwest Indoor, the Midwest Closed Outdoor, Midwest Open, January or March Designated, and the Fall Midwest Indoor Open and Midwest Closed Fall Championship Tournaments and had a win, plus those players who have a win over a player who has participated in one of the above events.
3. All cross-divisional match results from any other age division will count only if both players have played at least one match in the previous 12 months in the division being calculated.

Example: You play an opponent in the Boys’ 12-age division. You also compete in Boys’ 14 and under tournaments. All of your results in the Boys’ 12-age division will also count in the Boys’ 14-age division, if your opponents have also established a record in that division.

A player has “disappeared or fallen-off” off the Seeding & Selection List. Why?

1. Due to the Month of Birth Age Eligibility Rule, a player “ages out” of the division on the first day of the month they are born. Therefore, that player will no longer appear on the Seeding & Selection list for that age group due to being ineligible.
2. The player’s best win has “fallen off” due to the event-taking place 12 months ago.

A player name is incorrect. How do you correct it?

For Name Corrections, please contact the USTA at 1-800-990-USTA. Once you have notified the USTA, please fax and/or e-mail the correct spelling to the USTA/Midwest Section Junior Competition & Ranking Department in care of Greg Boyd (fax: 317-577-5123; Greg@midwest.usta.com).

Competition takes place between two USTA/Midwest Section players out of section. Does that count? If so, what do you need to do?

Yes, those results will count, but it is the player’s responsibility to notify the section. For out of section results please fax and/or e-mail a copy of the draw and
Corrected player record to the USTA/Midwest Section Junior Competition & Ranking Department in care of Greg Boyd (fax: 317-577-5123; Greg@midwest.usta.com).

**Competition takes place between two USTA/Midwest Section players in a USTA National Schedule event here in the section. Do the results automatically get included on my record?** The USTA/Midwest Section Ranking Department will try to input those results; however, it is the player's responsibility to notify the section. Please fax and/or e-mail a copy of the draw and corrected player record to the USTA/Midwest Section Junior Competition & Ranking Department in care of Greg Boyd (fax: 317-577-5123; Greg@midwest.usta.com).

**Commonly Asked Questions Concerning Midwest Player Records**

- **How do you search for your player record on the Internet?** Please be aware there are many avenues to look up a player record. The following is the best route to find the most complete and current record:
  - Go to [www.midwest.usta.com](http://www.midwest.usta.com);
  - Go to Juniors;
  - Select Junior Seedings, then Seedings/Section List option;
  - Select Ranking Home - Midwest;
  - Year - 2005;
  - Divisions - Junior Divisions;
  - List Type - Seeding List Type;
  - Click Find It;
  - Select Age Division;
  - Find Player's Name;
  - Click on the Name.

This method should provide the most updated player record. If you would like to view National or district lists, refer to the top of the Seeding list and change Organization box. If you have any concerns or corrections, please contact the Greg Boyd, the USTA/Midwest Section Ranking Coordinator, at Greg@midwest.usta.com.

- **Why are match results missing from your player record?**
  1. Matches outside the USTA/Midwest Section will not appear on the record unless you play another Midwest player. For out of section results against Midwest players please fax and/or e-mail a copy of the draw and corrected player record to the USTA/Midwest Section Junior Competition & Ranking Department in care of Greg Boyd (fax: 317-577-5123; Greg@midwest.usta.com).

  2. Since the migration to the Star Companion Pro-Safire, only cross-divisional matches will appear on your record if both players have established a record in multiple age divisions.

  3. The USTA/Midwest Section mandated all tournament directors must use TDM and publish to the Internet as of June 1, 2002. There are still tournament directors not publishing, and we continue to encourage them to use TDM and publish results. Unfortunately, waiting for the tournament director to publish the results causes delays and incomplete records for all junior players that participated in those tournaments. You may want to contact the tournament director to find out if they are adhering to the mandate.

- **A player record is incorrect. How do you correct it?**

  For ALL player record corrections, please fax and/or e-mail a copy of the draw and corrected player record to the USTA/Midwest Section Junior Competition & Ranking Department in care of Greg Boyd (fax: 317-577-5123; Greg@midwest.usta.com).
2005 USTA/Midwest Section Junior Ranking Requirements and Regulations

Ranking divisions and minimum qualifying requirements:

Official USTA/Midwest Section rankings shall be made annually in each of the divisions listed below. Also listed are the minimum requirements for a player or team to qualify for consideration for a ranking.

Required number of USTA Sanctioned Tournaments: Boys’ and Girls’ 18, 16, 14, 12 Singles. In order to be eligible for consideration of an official USTA/Midwest Section Junior ranking, a player must Play and Complete a minimum of five USTA-sanctioned tournaments, in the age division being ranked, **including a combination of the following:**

<table>
<thead>
<tr>
<th>Number of Events</th>
<th>Tournament Requirements</th>
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</thead>
<tbody>
<tr>
<td>1 or More</td>
<td>Midwest Designated January Series</td>
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<td></td>
<td>Midwest Closed Junior Indoor Championships</td>
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<tr>
<td></td>
<td>Midwest Designated March Series</td>
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<tr>
<td></td>
<td>Midwest Closed Junior Outdoor Championships, Midwest Open Junior Championships</td>
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<tr>
<td></td>
<td>Midwest Junior Fall Closed Championships</td>
</tr>
<tr>
<td></td>
<td>Midwest Junior Indoor Open Championships</td>
</tr>
<tr>
<td>4</td>
<td>USTA sanctioned events; provided that two (2) events must be held in the USTA/Midwest Section.</td>
</tr>
</tbody>
</table>

A player who was exempted from Playing and/or Completing the Midwest Designated January Series, Midwest Closed Junior Indoor Championships, Midwest Designated March Series and/or the USTA/Midwest Section Closed Junior Outdoor Championships for endorsement purposes will not have that event counted for the purpose of satisfying the ranking requirements. The player must still Play and Complete one of the following the Midwest Open Junior Championships, Midwest Junior Indoor Open Championships or the Midwest Fall Closed Championships to qualify for ranking consideration.

**General Procedures:** Ranking within each age division is accomplished by comparing each player record, individually, with each of the other records of all USTA/Midwest Section players who are in the ranking population. For each comparison, a total of two ranking points will be awarded in one of two ways: (A) one player will receive both points, or (B) each player will receive one point. When all the comparisons are finished, the player with the highest total of ranking points is ranked No. 1, next highest is No. 2, etc. In cases where players are tied in total ranking points, the order will be determined by a tie-breaking procedure based on the following order of importance: head-to-head results, results against common opponents, best wins and worst losses, total matches played, total number of tournaments played.

2006 USTA/Midwest Section Junior Ranking and Seeding Requirements:

The USTA/Midwest Section Junior Competition Committee will be proposing a new Points Per Round Ranking for 2006. Currently, the USTA/Midwest Section uses a head-to-head ranking program. The details of our new ranking program are currently being discussed. There will be a formal proposal at the USTA/Midwest Section Spring Meeting, April 29-30, 2005 in Indianapolis, IN.

If the proposal passes, all information will be forwarded to players, parents and coaches immediately. Implementation of this new Points Per Round Ranking Program will go into effect January 2006. If you have any questions or concerns, please contact Andrea Calvert-Sanders, USTA/Midwest Section Director of Junior Tennis or Greg Boyd, USTA/Midwest Ranking Coordinator.
USTA/MIDWEST SECTION ENDORSEMENT PROCEDURES TO USTA NATIONAL EVENTS

Key Endorsement Terms:

- **Endorsement:** A player must fulfill certain requirements in order to be given "permission" to participate at the National Level from the USTA/Midwest Section.

- **Designated Tournament:** A tournament held in January, February or March that all players must Play and Complete at least one or submit a valid on-time entry into any two of the three designated tournaments and be denied entry into both in the age division being endorsed to the USTA National Clay Courts and USTA National Championships.

- **Designated Tournament Exemptions:** Players unable to compete during the January through March period for documented medical reasons may apply for a waiver. Players MUST apply two weeks prior to the March Designated Tournament. Please contact USTA/Midwest Sectional Endorser or Office for details.

- **Play and Complete:** All scheduled matches (including any consolation or playoff matches) in a tournament are started, and none end in a default. Defaults include: not showing up for a match, unsportsmanlike conduct and warnings, which culminate in the match being defaulted. A retirement due to injury or illness, ONCE THE MATCH HAS STARTED, is not considered a default.

- **TennisLink:** USTA computer software that is used to register players to tournaments, USA Team Tennis, etc. For more information about products, please see resource section in this guide.

<table>
<thead>
<tr>
<th>Age Divisions</th>
<th>USTA Event</th>
<th>Selection Process</th>
<th>Entry Process:</th>
</tr>
</thead>
<tbody>
<tr>
<td>BG12,14,16,18</td>
<td>USTA National Spring Championships (April 9-16, 2005)</td>
<td>All players that appear on the Midwest Seeding &amp; Selection list as of February 15, 2005 will be endorsed to the event.</td>
<td>TennisLink <a href="http://www.usta.com">www.usta.com</a></td>
</tr>
<tr>
<td>BG12,14,16,18</td>
<td>USTA National Clay Court Championships (July 17-24, 2005)</td>
<td>Players must play and complete at least one USTA/Midwest Section Designated Tournament occurring in January, February, and March or submit a valid on-time entry into any two of the three designated tournaments and be denied entry into both in the age division being endorsed. The USTA/Midwest Section endorsement list will include up to but no more than the top 100 USTA/Midwest Section players that meet the Designated tournament requirements as of June 1, 2005. The winners of each of the three designated tournaments taking place in the preceding January, February and March shall be automatically included in the sectional quota.</td>
<td>TennisLink <a href="http://www.usta.com">www.usta.com</a></td>
</tr>
<tr>
<td>BG12,14,16</td>
<td>USTA Zone Team Championships July 10-14, 2005 &amp; July 27-31, 2005</td>
<td>To be considered for endorsement, each player must apply through the TennisLink Registration system on the USTA/Midwest Section web-site</td>
<td>TennisLink <a href="http://www.midwest.usta.com">www.midwest.usta.com</a></td>
</tr>
<tr>
<td>BG12,14,16,18</td>
<td>USTA National Championships (August 5-14, 2005)</td>
<td>Players must play and complete the USTA/Midwest Section Closed Outdoor Championships and at least one USTA/Midwest Section Designated tournament occurring in January, February, and March or submit a valid on-time entry into any two of the three designated tournaments and be denied entry into both in the age division being endorsed. The following will be included on the USTA/Midwest Section Endorsement list:</td>
<td>TennisLink <a href="http://www.usta.com">www.usta.com</a></td>
</tr>
</tbody>
</table>
The winners of each of the three designated tournaments taking place in the preceding January, February and March shall be automatically included in the Sectional quota provided they Play and Complete the USTA/Midwest Section Closed Junior Outdoor Championships.

The winner of the USTA/Midwest Section Closed Junior Outdoor Championships shall be automatically included in the Sectional quota regardless of whether or not the player met the designated tournament requirements.

The top six finishers at the USTA/Midwest Section Closed Junior Outdoor Championships (main draw semifinalists and FIC finalists) shall automatically be included in the Sectional quota provided they Play and Complete the USTA/Midwest Section Closed Junior Outdoor Championships and meet the designated tournament requirements. Any remaining spots in the Sectional quota and all alternate spots shall be filled in the order of the endorsement list, which includes the past 12 months of play in ALL junior age divisions, generated after the completion of the USTA/Midwest Section Closed Junior Outdoor Championships. These players must Play and Complete the USTA/Midwest Section Closed Junior Outdoor Championships and meet the designated tournament requirements.

<table>
<thead>
<tr>
<th>Age Division</th>
<th>Name</th>
<th>Address</th>
<th>City</th>
<th>St</th>
<th>Zip</th>
<th>Phone #</th>
<th>Fax #</th>
<th>Email</th>
</tr>
</thead>
<tbody>
<tr>
<td>BG12, 14, 16, 18</td>
<td>USTA National Winter Championships (December 26-31, 2005)</td>
<td>All players that appear on the Midwest Seeding &amp; Selection list as of February 15, 2005 will be endorsed to the event. The winners of the Midwest Junior Indoor Open Championships (if from the USTA/Midwest Section) and the Midwest Fall Closed Championships shall be automatically included in the sectional quota.</td>
<td>TennisLink</td>
<td><a href="http://www.usta.com">www.usta.com</a></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>BG16, 18</td>
<td>USTA BG16 Intersectional; USTA Davis Cup &amp; USTA Fed Cup</td>
<td>Special requirements are needed, Go to <a href="http://www.midwest.usta.com">www.midwest.usta.com</a> for rules</td>
<td>USTA/Midwest Section Coach will contact players</td>
<td></td>
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</tbody>
</table>

**2005 USTA/Midwest Section Sectional Endorsers:**

<table>
<thead>
<tr>
<th>Age Division</th>
<th>Name</th>
<th>Address</th>
<th>City</th>
<th>St</th>
<th>Zip</th>
<th>Phone #</th>
<th>Fax #</th>
<th>Email</th>
</tr>
</thead>
<tbody>
<tr>
<td>BG12</td>
<td>Bev Wentz</td>
<td>2740 Cambridge Circle</td>
<td>Brookfield</td>
<td>WI</td>
<td>53045</td>
<td>262-784-2094</td>
<td>262-784-2094</td>
<td><a href="mailto:Beverlywentz@cs.com">Beverlywentz@cs.com</a></td>
</tr>
<tr>
<td>BG14</td>
<td>Joyce Engle</td>
<td>3301 Kappel Dr.</td>
<td>Springfield</td>
<td>OH</td>
<td>45503</td>
<td>937-399-5064</td>
<td>937-399-5065</td>
<td><a href="mailto:Ovta@voyager.net">Ovta@voyager.net</a></td>
</tr>
<tr>
<td>G16, G18</td>
<td>Laura Lindquist</td>
<td>2228 Fernleaf Lane</td>
<td>Columbus</td>
<td>OH</td>
<td>43235</td>
<td>614-766-4236</td>
<td>614-766-4635</td>
<td><a href="mailto:Laurakaylindy@aol.com">Laurakaylindy@aol.com</a></td>
</tr>
<tr>
<td>B16, B18</td>
<td>Ron Gander</td>
<td>723 Ardella Rd.</td>
<td>Cuyahoga Falls</td>
<td>OH</td>
<td>44223</td>
<td>330-923-2519</td>
<td>330-923-6951</td>
<td><a href="mailto:Neota040@adelphia.net">Neota040@adelphia.net</a></td>
</tr>
</tbody>
</table>
HOW ARE THE USTA NATIONAL RANKING DETERMINED?

CALCULATION OF SINGLES RANKING: Each player’s annual singles ranking will be based on the accumulation of points for winning rounds ("Points Per Round") and having wins over “top 100” players ("Bonus Points") at National Ranking Tournaments during the calendar year. Players must accumulate at least 200 ranking points during the calendar year in order to earn a year-end ranking. The total number of points a player earns during the year is determined as follows:

Points Earned at 8 Best National Ranking Tournaments**

+   Bonus Points Earned at BG 18 ITF Events on the National Junior Tournament Schedule

=   Total Ranking Points

** Points Earned include Points Per Round from the Point Ranking Tables below PLUS any Bonus Points earned at the tournament. These Bonus Points are “attached” to the event at which they are earned. If a tournament is not among a player’s best eight tournaments, neither the Points Per Round nor the Bonus Points for that event will count toward the player’s ranking point total.

A list of the National Ranking Tournaments is in the table under "National Ranking Tournaments and Tournament Levels" below. Because 12 Sectional events are designated National Ranking Tournaments, it is possible for a player to earn a National ranking by playing only in Sectional tournaments.

Calculation of Doubles Ranking: The method for calculating doubles rankings and standings will be the same as for singles EXCEPT that Bonus Points will not be used.

The USTA will rank players in doubles in two ways:

• Players will be ranked individually based on the accumulation of points for winning rounds at National Ranking Tournaments during the year. This ranking will be based on points a player earns playing with various partners. An individual doubles player will earn all of the points in the ranking point tables below, the points are not split between partners.

• Players will be ranked as teams based on the accumulation of points for winning rounds as a team at National Ranking Tournaments during the year. This is the same method of ranking that was used in 2004.

SPECIFICS OF THE POINTS PER ROUND NJRS INCLUDE:

• A player must win a round to receive any points for the tournament. The point's tables that appear below are based on draws as large as 256 players. In draws smaller than 256 players, players do not receive any points until they have won a round. Byes do not qualify as wins

• Withdrawals and walkovers qualify as wins for the advancing player and earn Points Per Round, but do not earn Bonus Points.

• Retirements qualify as wins for the advancing player and earn Points Per Round and, if eligible, Bonus Points.

• A player who advances because of a default that takes place before the commencement of the first point in the match or because the opponent is disqualified shall receive Points Per Round for advancing, but shall not receive any Bonus Points.

• A player who advances because of a default that takes place after the commencement of the first point in the match shall receive Points Per Round for advancing and, if eligible, Bonus Points.

• A player who is defaulted from a tournament for code violations under the Point Penalty System or misconduct forfeits any points accumulated during the tournament, including both Points Per Round and Bonus Points. Players defaulted in singles only lose points accumulated for play in the singles main and feed-in championship draws.

• No Points Per Round will be earned in the qualifying rounds of tournaments when the qualifying draw and main draw are covered in a single sanction. However, Level 1 through 5 tournaments, Bonus Points will accumulate for the tournament and will be attached to the tournament at which they are earned. Additionally, American juniors winning matches against other American juniors at the Australian Open, French Open, Wimbledon, and Canadian Open will
receive Bonus Points that will be added to the player’s total points earned at the player’s best eight tournaments. See “Bonus Points – Rewards for Significant Wins” below.

• The final rankings for a junior age division shall include all players who have been age eligible for play in the division at any time during the year and who have accumulated at least 200 points in the division. Only points earned in the division will count towards ranking in that division. Players may be ranked in more than one age division if they have been age eligible in more than one division during the year and have met the minimum point requirement for each age division.

**NATIONAL RANKING TOURNAMENTS AND TOURNAMENT LEVELS:** Below are the National Ranking Tournaments that will count for ranking in 2005. The table also includes the tournament “Level” that corresponds with the National Ranking Point Tables that follow.

<table>
<thead>
<tr>
<th>Level</th>
<th>National Ranking Tournament</th>
</tr>
</thead>
<tbody>
<tr>
<td><strong>Level 1</strong></td>
<td>USTA National Championships</td>
</tr>
<tr>
<td></td>
<td>USTA Boys’ 18 Junior Davis Cup Championships</td>
</tr>
<tr>
<td></td>
<td>USTA Girls’ 18 Junior Fed Cup Championships</td>
</tr>
<tr>
<td></td>
<td>USTA BG 16 Intersectional Team Championships</td>
</tr>
<tr>
<td></td>
<td>USTA International Spring Championships - ITF Grade 1 Event</td>
</tr>
<tr>
<td></td>
<td>Easter Bowl ITF Tennis Championships - ITF Grade B1 Event</td>
</tr>
<tr>
<td></td>
<td>US Open - ITF Grade A Event</td>
</tr>
<tr>
<td></td>
<td>Eddie Herr International Junior Tennis Championships BG 18 Events - ITF Grade 1 Event</td>
</tr>
<tr>
<td></td>
<td>Orange Bowl International Tennis Championships- BG 18 and 16 Events - ITF Grade A Event (BG 18)</td>
</tr>
<tr>
<td><strong>Level 1A</strong></td>
<td>Kentucky International Junior Tennis Derby - BG 18 Events - ITF Grade 1 Event</td>
</tr>
<tr>
<td></td>
<td>Chanda Rubin North/Central America and Caribbean Closed ITF Junior Tennis Championships (Tulsa, OK) - ITF Grade B1 Event</td>
</tr>
<tr>
<td></td>
<td>Junior Orange Bowl International Tennis Championships - BG 16 and 14 Events</td>
</tr>
<tr>
<td></td>
<td>Eddie Herr International Junior Tennis Championships BG 16, 14, and 12 Events</td>
</tr>
<tr>
<td><strong>Level 2</strong></td>
<td>USTA National Opens</td>
</tr>
<tr>
<td></td>
<td>USTA BG 16, 14, and 12 Zone Team Championships</td>
</tr>
<tr>
<td><strong>Level 3</strong></td>
<td>USTA BG 18 Interscholastic Championships (East/West)</td>
</tr>
<tr>
<td></td>
<td>US Junior International Grass Court Championships - ITF Grade 3 Event</td>
</tr>
<tr>
<td></td>
<td>US Junior International Hard Court Championships - ITF Grade 3 Event</td>
</tr>
<tr>
<td></td>
<td>Kentucky International Junior Tennis Derby - BG 16, 14, 12 Events</td>
</tr>
<tr>
<td></td>
<td>Chanda Rubin Texas ITF Junior Tennis Classic - ITF Grade 4 Event</td>
</tr>
<tr>
<td></td>
<td>Chanda Rubin South Carolina ITF Junior Tennis Classic - ITF Grade 3 Event</td>
</tr>
<tr>
<td></td>
<td>Chanda Rubin Evert ITF Junior Tennis Classic - ITF Grade 4 Event</td>
</tr>
<tr>
<td></td>
<td>Prince Cup - ITF Grade 4 Event</td>
</tr>
<tr>
<td></td>
<td>Regional Tournaments on the National Junior Tournament Schedule</td>
</tr>
<tr>
<td></td>
<td>Sectional Ranking Tournaments: 1 designated by each Sectional Association</td>
</tr>
<tr>
<td><strong>Level 4</strong></td>
<td>Chanda Rubin College Station ITF Junior Classic- ITF Grade 5 Event</td>
</tr>
<tr>
<td></td>
<td>Chanda Rubin Louisiana ITF Junior Classic- ITF Grade 5 Event</td>
</tr>
<tr>
<td></td>
<td>Chanda Rubin Destin ITF Junior Classic- ITF Grade 5 Event</td>
</tr>
<tr>
<td></td>
<td>El Paso Youth Tennis Center Open - ITF Grade 5</td>
</tr>
<tr>
<td></td>
<td>Sectional Ranking Tournaments: 3 designated by each Sectional Association</td>
</tr>
<tr>
<td><strong>Level 5</strong></td>
<td>Sectional Ranking Tournaments: 8 designated by each Sectional Association</td>
</tr>
</tbody>
</table>

**ITF BG 18 Bonus Point Only Events**

- Australian Open - ITF Grade A Event
- French Open - ITF Grade A Event
- Wimbledon - ITF Grade A Event
- Canadian Junior International Championships - ITF Grade 1 Event
NATIONAL RANKING POINT TABLE: Points are earned based on the player result in the tournament – a champion receives the points in the champion row, a quarterfinalist receives the points in the quarterfinalist row, etc. A player must win a match to receive points in a tournament. Withdrawals, walkovers, retirements, defaults, and disqualifications count as wins; byes do not count as wins. For Point Tables, please go to www.usta.com

2005 Midwest Tournaments Used for USTA National Rankings
As of January 20, 2005

<table>
<thead>
<tr>
<th>LEVEL 3</th>
<th>Date</th>
</tr>
</thead>
<tbody>
<tr>
<td>BG18,16,14,12 Midwest Open</td>
<td>July 24-28; July 29-Aug 1; Aug 1-5</td>
</tr>
<tr>
<td>BG18,16,14,12 Midwest Closed (Outdoor, June)</td>
<td>June 25-30</td>
</tr>
<tr>
<td>BG18,16,14,12 Midwest tournaments on the USTA National Schedule</td>
<td>TBA</td>
</tr>
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</table>

<table>
<thead>
<tr>
<th>LEVEL 4</th>
<th>Date</th>
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<tbody>
<tr>
<td>BG18,16,14,12 Midwest Indoor Closed (Feb)</td>
<td>February 5-7, 2005</td>
</tr>
<tr>
<td>BG18,16,14,12 Midwest Indoor Open Boys: October 29-31 &amp; Girls: November 12-14</td>
<td></td>
</tr>
<tr>
<td>BG18,16,14,12 Midwest Fall Closed Boys: November 12-14 &amp; Girls October 29-31</td>
<td></td>
</tr>
</tbody>
</table>

<table>
<thead>
<tr>
<th>LEVEL 5</th>
<th>Date</th>
</tr>
</thead>
<tbody>
<tr>
<td>BG18,16,14,12 Midwest Designated-January</td>
<td>Jan. 1-3; Jan. 8-10; Jan. 15-17; Jan 22-24</td>
</tr>
<tr>
<td>BG18,16,14,12 Wisconsin Indoor</td>
<td>Feb. 18-20</td>
</tr>
<tr>
<td>BG18,16,14,12 Western Michigan Indoor</td>
<td>Feb. 25-27</td>
</tr>
<tr>
<td>BG18,16,14,12 Midwest Designated-March Mar. 5-7; Mar 12-14; Mar. 19-21; Mar. 26-28</td>
<td></td>
</tr>
<tr>
<td>BG12 Lincolnshire Spring Open</td>
<td>May 6-8</td>
</tr>
<tr>
<td>G18,16,14 Contardi Girls Open</td>
<td>December 9-11</td>
</tr>
<tr>
<td>BG18,16,14,12 Court One Memorial</td>
<td>May 28-30</td>
</tr>
<tr>
<td>BG18,16,14,12 Midwest Davis/Wightman Cup</td>
<td>June 17-20</td>
</tr>
<tr>
<td>BG18,16,14,12 Ann Arbor Junior Open</td>
<td>Aug. 8-12</td>
</tr>
<tr>
<td>B18,16,14 Aurora Invitational</td>
<td>Oct 15-17</td>
</tr>
</tbody>
</table>

Please Note:
The USTA/Midwest Section will NOT be using the Points per Round Ranking Program in 2005. All USTA/Midwest Seeding & Ranking lists will be calculated using the current USTA/Midwest Section Ranking Program.

USTA NATIONAL CHAMPIONSHIPS PROCEDURES
DEFINITION The USTA National Championships are the highest level of USTA national junior competition. Four USTA National Championships are held each year: the USTA National Spring Championships, the USTA National Clay Court Championships, the USTA National Hard Court Championships and the USTA National Winter Championships.

ELIGIBILITY: Players who meet the U.S. citizenship or residency requirements, age eligibility requirements, and membership requirements (current USTA membership) may enter. In addition, professional players may enter. The USTA National Championships are the only type of USTA junior national championship that professional players may enter.

ENTRY PROCEDURES: Players must enter using TennisLink. See “Entering Tournaments on the National Junior Tournament Schedule” on page 4. A player may enter only one USTA National Championship that is scheduled to take place at the same time. For example, a player may not enter the USTA Girls’ 16 Winter National Championships and the USTA Girls’ 18 Winter National Championships in the hope of making it into at least one. Players who are entered in more than one USTA National Championship at the time entries close will not be accepted into either tournament and will receive suspension points.
DOUBLE ENTRY PROCEDURES: The entry deadline for the doubles event at USTA National Opens is on the day of registration and the time is set by the Tournament Committee - see the TennisLink Tournament Home Page for information. At USTA National Championships that have more than one division (the USTA Winter Championships, for example, that has the BG18 and 16 at one location), players must play doubles in the same division in which they are playing singles.

SINGLES SELECTION PROCEDURE: Each Tournament Committee shall accept players into the draws of USTA National Championships in the following order:

- Players on National Championship Selection List (NCSL): The following junior players on the NCSL who have submitted timely entries shall be accepted into the draw:
  - Players listed in positions 1 through 24 for a draw of 192
  - Players listed in positions 1 through 16 for a draw of 128

Players Who Qualified from USTA National Opens: USTA National Open Championships are held four times per year: February, May, July and November. At each of these times, four simultaneous 64-draw events will be conducted in each age division and gender. These simultaneous events are located in different regions of the country. The top three finishers and the doubles finalists qualify for the subsequent USTA National Championship, however they must submit timely entries to be accepted. For more information, please go to www.usta.com

<table>
<thead>
<tr>
<th>Tournament</th>
<th>Qualifies for following USTA National Championship:</th>
</tr>
</thead>
<tbody>
<tr>
<td>USTA National Open</td>
<td></td>
</tr>
<tr>
<td>February National Opens</td>
<td>USTA National Spring Championships</td>
</tr>
<tr>
<td>May National Opens</td>
<td>USTA National Clay Court Championships</td>
</tr>
<tr>
<td>July National Opens</td>
<td>The USTA National Championships</td>
</tr>
<tr>
<td>November National Opens</td>
<td>USTA National Winter Championships</td>
</tr>
</tbody>
</table>

PLAYERS WITHIN SECTIONAL ASSOCIATIONS' QUOTAS - Junior players not previously selected who are on the Sectional endorsement lists, within the established Sectional quota, and who have submitted timely entries shall be accepted in the order determined by the Sectional endorser.

Wild Cards: The Tournament Committee shall accept those junior players granted wild cards by the USTA Wild Card Committee and who have submitted timely entries. Wild card recipients do not need Sectional endorsement, however the Sectional office must complete a portion of a player’s wild card application. See “USTA Junior National Wild Card Regulations” on page 11. Overall wild card limits are: Four (4) wild cards for the 14s, 16s and 18s USTA National Spring Championships and USTA Winter Championships and for all 12s USTA National Championships. Eight (8) wild cards for the 14s, 16s and 18s USTA National Clay Court Championships and The USTA National Championships.

Endorsed players on National Standings List: The Tournament Committee shall fill remaining spots in the draw with endorsed players who have submitted timely entries who remain on the most recently published singles National Standings List

ITF Junior Circuit:
The ITF Junior Circuit is a series of 18 and under events. ITF Junior Circuit tournaments only accept entries through National Associations (USTA). Tournaments are graded according to the strength of entry, with the most ranking points being awarded for the eight major championships (Group A), which include the four Grand Slam events. Tournaments are divided into the following grades:
- Group A (Super Series, including four Grand Slams)
- Group B (Regional Championships)
- Group C (International Team Championships)
- Group 1-5 Level 1 (events are the strongest and level 5 are the weakest events in this group)

For more information about ITF Junior Circuit and ITF Junior Rankings, go to www.itftennis.com
USA Tennis High Performance

USA Tennis High Performance facilitates the development of world-class American champions by providing promising players with access to the best coaching, competition, training and conditioning. This mission is facilitated through enhanced coaching education programs, top supplemental coaching in men’s and women’s tennis, and junior competition programs on the national and international level.

Administration

- Operate the National Training Centers in Key Biscayne, Florida, and Carson, California.
- Administer the public tennis-teaching program at Key Biscayne.
- Manage the Financial, Human Resource and Information Technology aspects of High Performance while maintaining constant communication with the Accounting, HR and IT departments in the USTA’s White Plains office.
- Maintain relationships with Sections as well as other sports and tennis organizations (i.e. Agencies, National and International Governing Bodies of Sport).

Tennis Operations

- Facilitate the development of world-class American players.
- Award High Performance player grants.
- Assist the Community Outreach and Multicultural Participation department in selecting the appropriate players to receive multicultural player grants.
- Work with the USOC on grants and awards.
- Award USTA Pro Circuit and other pro tournament wild cards.
- Participate in wild card determinations at the US Open Championships.
- Provide customer service to players, parents and coaches for men’s and women’s tennis programs, professional circuits and the ITF circuit.
- Conduct Gold Medal camps in conjunction with Davis Cup and Fed Cup ties.
- Coordinate junior international individual and team travel.
- Conduct training camps for High Performance players.
- Work with college tennis to help U.S. prospects compete in intercollegiate athletics.
- Work closely with private coaches and academies of top U.S. prospects.
- Assist in the selection of players and coaches for Olympic events (i.e., Pan Am Games).
- Manage the Touring Pro program to help young American players make the transition to the professional level.
- Organize and support ITF events in the United States to provide opportunities for American players.
- Work with the USTA Pro Circuit department to strategically schedule tournaments throughout the year.
- Provide support to the Professional Tennis Division in relation to Davis Cup, Fed Cup and the Olympics.

Coaching Education and Sport Science

- Organize and conduct the USA Tennis High Performance Coaching Program, consisting of 24 participants for each program.
- Organize and conduct USA Tennis High Performance Coaching Continuing Education Programs, consisting of 18 participants for each program.
- Publish the High-Performance Coaching newsletter on a quarterly basis.
- Produce instructional videos for coaching purposes.
- Work cooperatively with the USPTA and PTR on coaching education related matters.
- Work with the USOC on coaching education and drug testing.
- Gather, disseminate and support the latest research in the sport science disciplines.
- Work with the USTA Sport Science committee.
- Provide research grants.
- Plan and conduct Sport Science Competency Testing.
- Coordinate drug education and testing.
- Provide strength and conditioning support.
USA TENNIS HIGH PERFORMANCE COACHING PROGRAM

The USA Tennis Coaching Education Department is committed to offering coaches one of the highest-quality coaching education experiences in the world through participation in the USA Tennis High Performance Coaching Program.

SELECTION

The USA Tennis Coaching Education Department staff will select coaches for admission into the program. A committee comprised of the USA Tennis Director of Coaching Education and other USA Tennis High Performance Staff, as well as a USPTA and a PTR representative, will assure the stated selection philosophy is being met and will review the selection process.

In selecting coaches for the program, the USA Tennis Coaching Education Department will be fair and equitable in choosing the most qualified applicants who have the qualifications listed below. The coaches’ playing background will be taken into account. Consideration will also be given to coaches from diverse ethnic and socioeconomic groups as well as geographical location.

As the program grows, the USA Tennis Coaching Education Department will continually review the selection philosophy and qualifications to ensure that the program meets its goals.

For Coaching Resources, please see Resource Section of this Guidebook.

For more information about High Performance:

USTA
7310 Crandon Blvd.
Key Biscayne, FL 33149
Phone: 305-365-8782
Web-Page: www.highperformance.usta.com

2005 USTA BOYS’ & GIRLS’ ZONE TEAM CHAMPIONSHIPS

Coaching an USTA/Midwest Section Zonal Team is not only rewarding, but educational as well. As a Midwest Zonal Coach, you will be exposed to the most up-to-date sport science information through the educational seminars that are provided throughout the week. Nationally renowned experts who are a part of the USA Tennis High Performance Program host the seminars for the players and parents. In addition, you will have the opportunity to hone your coaching skills by working with our section's outstanding players.

All travel expenses and the USTA/Midwest Section pays accommodations for Zonal Coaches. Additionally, Zonal coaches receive $30.00 per day for meals and $100.00 per day for their professional services.

The USTA/Midwest Section will send players to the USTA 12,14,16 Zone Team Championships. Teams will compete at the following sites:

**USTA BOYS’ AND GIRLS’ 16 ZONE TEAM CHAMPIONSHIPS: JULY 27-31, 2005**
Northeast Zone, St. Louis, MO
Southeast Zone, Winston-Salem, NC

**USTA BOYS’ AND GIRLS’ 14 ZONE TEAM CHAMPIONSHIPS: JULY 10-14, 2005**
Midsouth Zone, Raleigh, NC
Southwest Zone, Pelham, AL

**USTA BOYS’ AND GIRLS’ 12 ZONE TEAM CHAMPIONSHIPS: JULY 27-31, 2005**
Northeast Zone, Lancaster, PA
Southeast Zone, Nashville, TN
Coach an USTA/Midwest Zonal Team and experience one of the exciting realms of USA Tennis High Performance. *Please note: If you are a parent of a player that could be endorsed as part of the USTA/Midwest Section team, due to a conflict of interest, you will not be selected to coach that division. You may apply to another age division and site.

If you would like to coach an USTA/Midwest Zonal Team, please contact Chad Docktor for a coach's application prior to April 30, 2005. All applications are due April 30, 2005. Chad can be reached at the following:

Chad Docktor  
8720 Castle Creek Parkway, Suite 329  
Indianapolis, IN 46250  
Phone: 317-577-5130 ext. 231  
Fax: 317-577-5123  
Email: Chad@midwest.usta.com

**Signing up for USTA/Midwest Section Zonals:**

**Site Assignments:** Player’s site assignments shall be determined by lot. Only siblings will be considered for same site selection.

**Entry and Coaching Fees.** The combined entry and coaching fee is $150.00 and is the responsibility of the players. All players must register through the TennisLink Registration System.

**To Enter: BG12 Zone Team Championships**  
(July 27-31, 2005-Nashville, TN & Lancaster, PA)  
Go to [www.midwest.usta.com](http://www.midwest.usta.com), Juniors, Competitive/Tournaments; Schedules/Draws, Find a Tournament; Tournament ID# 855302105, Click on "Find It"; Click on Event, then Register Now.  
**Entry deadline is June 30, 2005**

**To Enter: BG14 Zone Team Championships**  
(July 10-14, 2005-Dothan, AL & Raleigh, NC)  
Go to [www.midwest.usta.com](http://www.midwest.usta.com), Juniors, Competitive/Tournaments; Schedules/Draws, Find a Tournament; Tournament ID# 855302005, Click on "Find It"; Click on Event, then Register Now.  
**Entry deadline is May 15, 2005**

**To Enter: BG16 Zone Team Championships:**  
(July 27-31, 2005- Winston-Salem, NC & St. Louis, MO)  
Go to [www.midwest.usta.com](http://www.midwest.usta.com), Juniors, Competitive/Tournaments; Schedules/Draws, Find a Tournament; Tournament ID# 855302205, Click on "Find It"; Click on Event, then Register Now.  
**Entry deadline is June 30, 2005**

**Site Selection:** The Midwest Sectional Endorsers will notify all players of site selection via mail. After the deadline date, players can check the above registration web-sites for a list of players accepted to the event. All other questions need to be directed to the appropriate Midwest Sectional Endorser. No entry fee refunds will be granted for withdrawals within seven days prior to the start of the event.
You may feel you are not able to play college varsity tennis at the college of your choice or simply do not want to play college tennis, but want to focus on academics. Currently, there are over 300,000 high school varsity tennis players in the United States. There are only 20,000 varsity tennis players in colleges throughout the nation. Where do you go to play if you don't play varsity tennis? Check your college's Intramural/Recreational Sports Department, chances are they are running the USA Tennis on College Campus Program! The United States Tennis Association (USTA), Intercollegiate Tennis Association (ITA), and the National Intramural-Recreational Sports Association (NIRSA) have developed a partnership to provide college students the opportunity to learn and/or continue playing the sport of tennis on the campus. Here is what is offered:

- Sport Clubs: where the level of play is quite high and players actually travel to play other schools. (There is also funding available for new Tennis Sport Clubs!)
- USA Team Tennis leagues and programs. (There is funding available for new programs!)
- Tournaments.
- Instructional programs (even for PE credit!).

With a USTA/Midwest Section Championship as well as a National Championship (played during Spring Break, of course!) in addition to a large number of colleges offering these programs, you can take a break from your studies to get out and hit, right? USA Tennis on College Campus: "The Best Action on Campus!"

Looking to play college varsity tennis? There are many questions parents and players have when looking to play college varsity tennis: Do I try for Division I, II, or III? What are the differences? What do I look for in a coach, a team, and most importantly, a college? Your first step is to go through the NCAA Clearinghouse and make sure you are eligible. Go to www.ncaa.org and click on "student-athletes and parents". You will then see a lot of topics you may be interested in, and of course, the link to the "Initial Eligibility Clearinghouse" form. Click on "prospective student athletes", and click on the correct form on the left panel. If you have questions about the form call the NCAA at: 877-262-1492. You may also attend the College Night in Indianapolis (in late June during the Midwest Closed Championships) or a college night in your area for more information. For more information, please contact:

Steve Wise
136 North Moore Rd.
Port Washington, WI 53074
Phone: 262-284-1707
Fax: 262-284-1708
Email: Steve@midwest.usta.com
Resource Section:

- USA Competition Training Center Administrator Information
- USTA & USTA/Midwest Section Grant Opportunities
  - USTA TennisLink Products Overview
  - Coaching Resource Items
  - Development Coaches Workshop Information
  - Important Dates to Remember
- Tennis Welcome Center Information
- USTA/Midwest Section Contact Information
**2004-05 USTA COMPETITION TRAINING CENTER**

The USTA Competition Training Centers were started in 1988. The concept is to bring together our very best players to train together. It also tries to provide all of the coaches involved in the program with the latest in sport science and technical coaching developments. There are several CTC Midwest Sectional Championships available for CTC players. The following is contact information of the USTA/Midwest Section CTCs.

<table>
<thead>
<tr>
<th>CTC</th>
<th>FName</th>
<th>LName</th>
<th>ADDRESS</th>
<th>CITY</th>
<th>ST</th>
<th>ZIP</th>
<th>EMAIL</th>
<th>PHONE</th>
<th>FAX</th>
</tr>
</thead>
<tbody>
<tr>
<td>Chicago</td>
<td>Laramie</td>
<td>Gavin</td>
<td>2020 W. Fullerton</td>
<td>Chicago</td>
<td>IL</td>
<td>60647</td>
<td><a href="mailto:laramiegavin@hotmail.com">laramiegavin@hotmail.com</a></td>
<td>773-235-2300</td>
<td>773-235-3830</td>
</tr>
<tr>
<td>Cincinnati</td>
<td>Donnie</td>
<td>Jackson</td>
<td>8675 Kemper Road</td>
<td>Cincinnati</td>
<td>OH</td>
<td>45249</td>
<td><a href="mailto:boocooj@msn.com">boocooj@msn.com</a></td>
<td>513-489-9700</td>
<td>513-563-1263</td>
</tr>
<tr>
<td>NEO</td>
<td>Walt</td>
<td>Oden</td>
<td>125 Shawnee Trail</td>
<td>Aurora</td>
<td>OH</td>
<td>44202</td>
<td><a href="mailto:odentennis@aol.com">odentennis@aol.com</a></td>
<td>216-509-2793</td>
<td></td>
</tr>
<tr>
<td>Columbus</td>
<td>Bryan</td>
<td>Nibert</td>
<td>1245 Western Ave</td>
<td>Chillicothe</td>
<td>OH</td>
<td>45601</td>
<td><a href="mailto:bwnibert@hotmail.com">bwnibert@hotmail.com</a></td>
<td>740-773-4928</td>
<td>740-773-4930</td>
</tr>
<tr>
<td>Dayton</td>
<td>Mike</td>
<td>Erwin</td>
<td>3020 West Tech Rd.</td>
<td>Miamisburg</td>
<td>OH</td>
<td>45342</td>
<td><a href="mailto:rayasrtc@sbcglobal.net">rayasrtc@sbcglobal.net</a></td>
<td>937-885-5000</td>
<td></td>
</tr>
<tr>
<td>Decatur</td>
<td>Chuck</td>
<td>Kuhle</td>
<td>1010 Southside Drive</td>
<td>Decatur</td>
<td>IL</td>
<td>62521</td>
<td><a href="mailto:chuck@decaturathleticclub.com">chuck@decaturathleticclub.com</a></td>
<td>217-423-7020</td>
<td>217-423-7562</td>
</tr>
<tr>
<td>Detroit #1</td>
<td>Mike</td>
<td>Ware</td>
<td>13103 LeBlanc</td>
<td>Plymouth</td>
<td>MI</td>
<td>48170</td>
<td><a href="mailto:thewarehouse@comcast.net">thewarehouse@comcast.net</a></td>
<td>734-662-5514</td>
<td>734-662-5024</td>
</tr>
<tr>
<td>Detroit #2</td>
<td>Mike</td>
<td>Ware</td>
<td>13103 LeBlanc</td>
<td>Plymouth</td>
<td>MI</td>
<td>48170</td>
<td><a href="mailto:thewarehouse@comcast.net">thewarehouse@comcast.net</a></td>
<td>734-662-5514</td>
<td>734-662-5024</td>
</tr>
<tr>
<td>Grand Rapids</td>
<td>Gus</td>
<td>Giltner</td>
<td>3571 East Mt. Hope</td>
<td>Lansing</td>
<td>MI</td>
<td>48910</td>
<td><a href="mailto:giltners@msu.edu">giltners@msu.edu</a></td>
<td>517-355-2209</td>
<td></td>
</tr>
<tr>
<td>Homewood</td>
<td>Sylvia</td>
<td>Gothard</td>
<td>2920 W. 183rd Street</td>
<td>Homewood</td>
<td>IL</td>
<td>60430</td>
<td><a href="mailto:saggy1@aol.com">saggy1@aol.com</a></td>
<td>708-799-1323</td>
<td>708-957-4993</td>
</tr>
<tr>
<td>Indianapolis</td>
<td>Bryan</td>
<td>Smith</td>
<td>150 University Blvd</td>
<td>Indianapolis</td>
<td>IN</td>
<td>46202</td>
<td><a href="mailto:brtsmith@iupui.edu">brtsmith@iupui.edu</a></td>
<td>317-278-2100</td>
<td>317-278-0628</td>
</tr>
<tr>
<td>Libertyville</td>
<td>Mark</td>
<td>Bey</td>
<td>1030 South 4th Street</td>
<td>Libertyville</td>
<td>IL</td>
<td>60048</td>
<td><a href="mailto:Mark.bey@club-net.com">Mark.bey@club-net.com</a></td>
<td>847-362-5553</td>
<td>847-362-5577</td>
</tr>
<tr>
<td>Milwaukee</td>
<td>Jim</td>
<td>Barnish</td>
<td>5506 W. Rita Dr.</td>
<td>West Allis</td>
<td>WI</td>
<td>53219</td>
<td></td>
<td>262-654-6020</td>
<td>262-241-4384</td>
</tr>
<tr>
<td>Northern, IN</td>
<td>Jeanne</td>
<td>French</td>
<td>9549 Dogwood Dr.</td>
<td>Munster</td>
<td>IN</td>
<td>46321</td>
<td><a href="mailto:ninoffice@aol.com">ninoffice@aol.com</a></td>
<td>219-924-9981</td>
<td>219-934-9259</td>
</tr>
<tr>
<td>Toledo</td>
<td>Sheryl</td>
<td>Birch</td>
<td>2627 Kinsale Court</td>
<td>Toledo</td>
<td>OH</td>
<td>43615</td>
<td><a href="mailto:nwota4birch@buckeye-express.com">nwota4birch@buckeye-express.com</a></td>
<td>419-841-3839</td>
<td>419-843-2494</td>
</tr>
<tr>
<td>West Virginia</td>
<td>Scott</td>
<td>Harper</td>
<td>2002 20th St.</td>
<td>Nitro</td>
<td>WV</td>
<td>25143</td>
<td><a href="mailto:harpstenis@hotmail.com">harpstenis@hotmail.com</a></td>
<td>304-421-1651</td>
<td>NA</td>
</tr>
</tbody>
</table>
### 2005 USTA/Midwest Section Grants

<table>
<thead>
<tr>
<th>Grant/Scholarship</th>
<th>Purpose/Eligibility</th>
<th>Section Contact</th>
<th>Contact Information</th>
<th>Grant Amount</th>
<th>Due Date</th>
<th>Web Link &amp; Instructions</th>
</tr>
</thead>
<tbody>
<tr>
<td><strong>Junior Tennis</strong></td>
<td></td>
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</tr>
<tr>
<td>Star Search Grant</td>
<td>Youth grant awarded based on financial need. The grant is also matched by an indoor facility of the individual's choice.</td>
<td>Shelly Kindig Bugg</td>
<td>517-336-1987 or <a href="mailto:shelly@midwest.usta.com">shelly@midwest.usta.com</a></td>
<td>Cost of club program</td>
<td>October 4</td>
<td><a href="http://www.midwest.usta.com">www.midwest.usta.com</a> - Select the Grants link - Select Star Search option</td>
</tr>
<tr>
<td>Camp Scholarship</td>
<td>Scholarship awarded to youth entering grades four through eight. Opportunity to attend a summer tennis camp by removing financial barriers associated with the cost.</td>
<td>Shelly Kindig Bugg</td>
<td>517-336-1987 or <a href="mailto:shelly@midwest.usta.com">shelly@midwest.usta.com</a></td>
<td>Cost of college camp per week</td>
<td>April 27</td>
<td><a href="http://www.midwest.usta.com">www.midwest.usta.com</a> - Select the Grants link - Select Camp Scholarship option</td>
</tr>
<tr>
<td>USA School Tennis Equipment Grant</td>
<td>Grants will be awarded to physical educators who need help purchasing equipment to deliver tennis in their curriculum.</td>
<td>Shelly Kindig Bugg</td>
<td>517-336-1987 or <a href="mailto:shelly@midwest.usta.com">shelly@midwest.usta.com</a></td>
<td>Up to $250</td>
<td>On-going</td>
<td><a href="http://www.midwest.usta.com">www.midwest.usta.com</a> - Select the Grants link - Select USA School Tennis Equipment option</td>
</tr>
<tr>
<td>USA Team Tennis After-school Program Grant</td>
<td>Grants awarded toward USA Team Tennis leagues run after school at a gym, park, club, middle or high school.</td>
<td>Chad Docktor</td>
<td>317-577-5130 or <a href="mailto:chad@midwest.usta.com">chad@midwest.usta.com</a></td>
<td>Grants are up to $2,000 per program</td>
<td>February 15/August 15/October 15</td>
<td><a href="http://www.midwest.usta.com">www.midwest.usta.com</a> - Select the Grants link - Select USA Team Tennis Program option</td>
</tr>
<tr>
<td><strong>Midwest Youth Tennis &amp; Education Foundation</strong></td>
<td></td>
<td></td>
<td></td>
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</tr>
<tr>
<td>MYTEF Program Grant</td>
<td>This grant is provided for community based youth tennis programs.</td>
<td>Kathy Dalla Costa</td>
<td>317-577-5127 or <a href="mailto:kathy@midwest.usta.com">kathy@midwest.usta.com</a></td>
<td>$250-$5,000</td>
<td>January 1, April 1, July 1, October 1</td>
<td><a href="http://www.midwest.usta.com">www.midwest.usta.com</a> - Select Midwest Youth Tennis &amp; Education Foundation link - Select Grants option</td>
</tr>
<tr>
<td>MYTEF Individual Grant</td>
<td>This grant is provided for youth who have demonstrated talent through National or Sectional rankings and are in need of financial support to compete at a higher level.</td>
<td>Kathy Dalla Costa</td>
<td>317-577-5127 or <a href="mailto:kathy@midwest.usta.com">kathy@midwest.usta.com</a></td>
<td>$200-$3,000</td>
<td>January 1, April 1, July 1, October 1</td>
<td><a href="http://www.midwest.usta.com">www.midwest.usta.com</a> - Select Midwest Youth Tennis &amp; Education Foundation link - Select Grants option</td>
</tr>
<tr>
<td>Tim &amp; Tom Gullikson Scholarship</td>
<td>Scholarship provides assistance to one female and one male high school senior player who have financial need and have shown ability and aptitude as students and as tennis players.</td>
<td>Kathy Dalla Costa</td>
<td>317-577-5127 or <a href="mailto:kathy@midwest.usta.com">kathy@midwest.usta.com</a></td>
<td>$2,500</td>
<td>February 1</td>
<td><a href="http://www.midwest.usta.com">www.midwest.usta.com</a> - Select Midwest Youth Tennis &amp; Education Foundation link - Select Tim &amp; Tom Gullikson Scholarship option</td>
</tr>
<tr>
<td>Grant/Scholarship</td>
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<tr>
<td><strong>USTA Tennis and Education Foundation Scholarships</strong></td>
<td></td>
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</tr>
</tbody>
</table>
| The USTA Tennis & Education Foundation College Education Scholarship | Available to high school seniors who have excelled academically and participated extensively in an organized USTA program. | Kathy Dalla Costa | 317-577-5127 or kathy@midwest.usta.com | $6,000 | February 4 | • www.usta.com  
• USTA Tennis & Education Foundation |
| The MassMutual Scholarship | Available for two scholarships per USTA section that demonstrate strong community service, and financial need. | Kathy Dalla Costa | 317-577-5127 or kathy@midwest.usta.com | $5,000 | February 4 | • www.usta.com  
• USTA Tennis & Education Foundation |
| The Dwight F. Davis Memorial Scholarship | Available to high school seniors who have excelled academically and excel in tennis. Applicants must demonstrate sportsmanship on and off the court. | Kathy Dalla Costa | 317-577-5127 or kathy@midwest.usta.com | $10,000 over 4 years | February 4 | • www.usta.com  
• USTA Tennis & Education Foundation |
| The Dwight Mosley Scholarship Award | The Dwight Mosley Scholarship is available to high school seniors of ethnically diverse heritage who have excelled academically and participated extensively in an organized community tennis program. | Kathy Dalla Costa | 317-577-5127 or kathy@midwest.usta.com | $10,000 | February 4 | • www.usta.com  
• USTA Tennis & Education Foundation |
| The USTA Tennis & Education Foundation College Textbook Scholarship | Applicants must have performed with distinction as students as well as extracurricular activities and USTA programs | Kathy Dalla Costa | 317-577-5127 or kathy@midwest.usta.com | $500 | February 4 | • www.usta.com  
• USTA Tennis & Education Foundation |
RANKING
- In this section, players can review their rankings and player records.
  (www.usta.com & www.midwest.usta.com)

CENTRAL MEMBERSHIP DATABASE

ON-LINE AND CENTRAL MEMBERSHIP DATABASE
- This component allows tournament directors to perform all tasks such as making the draw, scheduling the event, etc.
  (www.usta.com/tennislink/tdm)

TOURNAMENT PROCESS OVERVIEW
Coaching Resources:

**Books**

**General Coaching and Sport Science**

*ITF Advanced Coaches Manual*  
(Crespo and Miley—ITF, ISBN: 0-9514175-1-7)

*ITF Developing Young Tennis Players*  

**Competitive Tennis for Young Players**  
(Grosser/Schonborn—ITF, ISBN: 1-841226-075-4)

**Coaching Tennis Successfully, 2nd Edition**  

**Applied Sport Science for High Performance Tennis**  

**Total Tennis: The Ultimate Tennis Encyclopedia**  
(Collins—SportClassic Books, ISBN: 0973144343)

**Coaching Youth Tennis**  

**Learn to Rally and Play**  

**Maximum Tennis: 10 Keys to Releasing Your On-Court Potential**  
(Saviano—Human Kinetics, ISBN: 0736042008)

**Sport Psychology**

*In Pursuit of Excellence, 3rd Edition*  

*Mental Toughness Training for Sports*  

*Psyching for Sport: Mental Training for Athletes*  

*Winning Ugly: Mental Warfare in Tennis*  
(Gilbert and Jamison—Fireside, ISBN: 067185400X)

*Visual Tennis*  
(Yandell—Human Kinetics, ISBN: 0880118032)

*Foundations of Sport and Exercise Psychology, 3rd Edition*  

*Enhancing Recovery: Preventing Underperformance in Athletes*  

*Emotions in Sport*  

**Strength and Conditioning**

*Designing Resistance Training Programs*  
(Fleck and Kraemer—Human Kinetics, ISBN: 0736042571)

*Power Tennis Training*  
(Chu—Human Kinetics, ISBN: 087322616X)

*Core Performance*  

*Strength Training Anatomy*  
(Delavier—Human Kinetics, ISBN: 0-7360-4185-0)

*Strength Training for Young Athletes, 2nd Edition*  
(Kraemer—Human Kinetics, ISBN: 0736051031)

*Speed Training for Tennis*  

*The Scientific and Clinical Application of Elastic Resistance*  

**Physiology/ Growth and Development/ Nutrition**

*Physiology of Sport and Exercise, 3rd Edition*  

*Exertional Heat Illnesses*  

*Physiological Tests for Elite Athletes*  

*Growth, Maturation and Physical Activity*  

**Biomechanics/ Sports Medicine/ Motor Control**

*Advanced Techniques for Competitive Tennis*  
(Schonborn—Meyer & Meyer Sport, ISBN: 3-89124-534-3)

*Biodynamic Tennis System*  
(Segal—Tennis Club Argentino, ISBN: 987-43-5191-8)

*Clinics in Sports Medicine*  

*Motor Learning and Performance, 3rd Edition*  
(Schmidt and Wrisberg—Human Kinetics, ISBN: 073604566X)

*American Red Cross for First Aid and CPR Training*  
(www.redcross.org/services/hss/)

**Nutrition**

*Nutrition for Serious Athletes*  
(Bernadot—Human Kinetics, ISBN: 0880118334)

(Burke—Independent Publishing Group, ISBN: 1863739165)

*Clinical Sports Nutrition, 2nd Edition*  

**Technology in Tennis**

*The Physics and Technology of Tennis*  
(Brody, Cross and Lindsey—USRSA, ISBN: 0972275908)

*Tennis Science for Tennis Players*  
(Brody—University of Pennsylvania Press, ISBN: 081221238X)
Newsletters and Journals

USA Tennis High Performance Coaching E-newsletter
Every month USA Tennis High Performance publishes an e-newsletter that presents short, easily-digestible articles ranging from research summaries to new coaching resources to announcements of opportunities that arise in USA Tennis. Past editions, which are available on the website, have featured articles on such topics as overcoming jet lag, nutritional supplements information, fluid replacement guidelines for tennis players and exercise descriptions for optimizing performance and preventing injury. To be added to the mailing list for the USA Tennis High Performance Coaching e-newsletter, e-mail portscience@usta.com or sign-up in the e-newsletter section of the High Performance website.

Olympic Coach Magazine
The US Olympic Committee produces a quarterly publication for elite level coaches entitled Olympic Coach. This magazine applies science to sport in a form that coaches can use. While the information contained in Olympic Coach is typically not tailored specifically to tennis, many of the articles cross over sport “boundaries” to provide information that is relevant to all sports. Each edition of Olympic Coach highlights several feature articles that usually relate to a theme, like periodization or athlete recovery. The publication also provides regular columns such as “60-Second Summaries,” which highlights findings from recent research, and “Mind Games,” which looks at ways to develop the mental side of the game. Olympic Coach is available as a downloadable file. To receive an electronic subscription to Olympic Coach, please visit www.usolympicteam.com/12688.htm and sign up for your FREE subscription.

Other Newsletters and Online Journals
There are many other online journals and newsletters you can subscribe to in order to receive great information related to coaching and the sport sciences. While it would be impossible to list them all, here are several others you can consider: Medicine and Science in Tennis (www.stms.nl/) This online journal is published by the Society for Tennis Medicine and Science and contains various scientific and medical articles that relate to tennis.

NSCA Performance Training Journal (www.nsca-lift.org/Perform/) This online journal contains applied strength and conditioning information that can help tennis coaches develop off court training programs.

ITF Monthly E-newsletter
This monthly newsletter contains a number of pieces of information about the world of international tennis. You can subscribe by signing up on the ITF Coaching page, www.itftennis.com/coaching, profiled earlier. Sports Coach This is an Australian coaching publication that provides both general and sport-specific information to coaches on topics ranging from nutrition to sport psychology or working with disabled athletes. Sports Coach can be ordered from www.ausport.gov.au/coach/spcoach.asp.

Sport Science and Coaching Education Books Publishers
While we would like to provide you with a comprehensive list, there are just too many books on tennis, training and sport performance to list here. So we will do the next best thing—provide you with the names of some of the biggest publishers of books on tennis and athletics. The largest publisher of books on sport and fitness is Human Kinetics (www.humankinetics.com). The International Tennis Federation (www.itftennis.com) also offers a large number of books on tennis. Log onto these sites and you will find many books in addition to the ones profiled here.

Biomechanics of Advanced Tennis
Edited by Dr. Bruce Elliott, and published by the ITF, Biomechanics of Advanced Tennis is perhaps the best biomechanics resource available to coaches. This book covers topics that range from the fundamentals of biomechanics to understanding momentum in tennis to understanding how equipment affects performance. What makes this book unique is that it bridges the gap between science and application. Each chapter not only presents scientific explanations and theories of biomechanics, but also discusses the application when it comes time for a coach to integrate this information into his or her program. This book can be purchased through the ITF (ISBN# 1-903013-23-2).

Strength and Conditioning for Tennis
Strength and conditioning is an area of tennis that is receiving more and more attention, especially as the game becomes faster and more powerful. Published by the ITF, Strength and Conditioning for Tennis is one of the most comprehensive resources currently available on the topic of training players to be able to meet the
demands of today’s tennis game. The book begins with arguably the two most important chapters on “Screening and Testing” and “Athlete Development.” The remainder of the book focuses on the different components of a player’s game, such as coordination, power and agility, and addresses how they can be developed. Finally, the book concludes with several chapters that deal with considerations to take into account when dealing with female, elderly or professional players. This book presents views from a wide range of experts and can serve as a comprehensive resource to assist any coach in developing a strength and conditioning program for the players they work with. This book can be purchased through the ITF (ISBN# 1-903013-19-4).

Resources for the USTA Sport Science Exams
The USTA recommends certain texts to use when preparing for the Level I and Level II Sport Science exams. These are provided below.

**Level I: Foundations of Coaching**
- *Successful Coaching, Third Edition*
  ISBN # 0-7360-4012-9

**Level IIA: Motor Learning & Sport Psychology**
- *Coaches Guide to Teaching Sport Skills*
  ISBN # 0-87322-020-X
- *Coaches Guide to Sport Psychology*
  ISBN # 0-87322-022-6

**Level IIIB: Sport Physiology & Nutrition**
- *Complete Conditioning for Tennis*
  ISBN # 0-88011-734-6
- *Nancy Clark’s Sports Nutrition Guidebook*
  ISBN # 0-87322-730-1
- *IOC Handbook of Sports Medicine and Science: Tennis*
  ISBN # 0-632-05034-9

**Level IIC: Sports Medicine & Biomechanics**
- *Sport First Aid, 3rd Edition*
  ISBN # 0-7360-3786-1
- *World Class Tennis Technique*
  ISBN # 0-7360-3747-0

All of these books can be purchased through Human Kinetics with the exception of the *IOC Handbook of Sports Medicine and Science: Tennis*, which can be purchased from Blackwell Publishing at 1-781-388-8250.

Sport Science and Coaching Education DVDs and Videos
**Dynamic Tennis Warm-Ups DVD**
*Dynamic Tennis Warm-Ups* is a new DVD produced by the USTA that focuses on dynamic warm-up and flexibility training. More and more research is showing that dynamic warm-up is important to sport performance and it is quickly replacing static stretching as the preferred method of warming-up. *Dynamic Tennis Warm-Ups* presents three 10-minute dynamic warm-up routines that have been designed specifically for tennis. Each of these routines can be used “right out of the box” or it shows you how you can use these exercises to develop your own routines that target the individual needs of your players. Warming up properly with a dynamic movement routine, like those presented in this DVD, will help your players prepare to play their best whenever they step on the court. *Dynamic Tennis Warm-Ups* DVD from Human Kinetics can be purchased at www.humankinetics.com.

**Other DVDs and Videos**

**Important Websites:**
Development Coach Workshops

Improve your Program!

The United States Tennis Association (USTA) in cooperation with the Professional Tennis Registry, United States Professional Tennis Association and the National Recreation and Park Association offer new and existing teachers a competitive edge in their community when they participate in a USA Tennis Development Coach Workshop. At a Development Coach Workshop, a specially trained certified teaching professional will lead active on-court sessions on:

- Running effective team practices
- The rally based approach to coaching
- Teaching large groups
- Proper use of teaching aids

Emphasis on the fun and social aspects of tennis! If you hire seasonal tennis instructors, parent and high school coaches, others interested in teaching new players of all ages, then hosting a Development Coach Workshop is perfect for your tennis program and your community.

AS A HOST SITE YOU WILL RECEIVE THE FOLLOWING BENEFITS:

- A teaching professional to run the workshop free of charge
- Youth & adult curriculum materials
- Minimum reimbursement of $10 per participant
- Customizable marketing materials to promote the workshop
- USTA Teaching Group Tennis and Games Approach to Coaching videos
- And much, much more….

The USTA will conduct a limited number of these workshops nationwide and applications are filled on a first come, first served basis.

To receive a Development Coach Workshop application, please contact Chad Docktor at (317) 577-5130 or via e-mail at (chad@midwestusta.com) at the USTA/Midwest Section Office.

Thanks for your interest.

Program brought to you by the USTA, in cooperation with USPTA, PTR, NRPA and USA Tennis NJTL.

USPTA and PTR Tennis Certification

For more information on how to receive a certification, go to [www.ustpa.org](http://www.ustpa.org) and/or [www.ptrtennis.org](http://www.ptrtennis.org)
2005 IMPORTANT DATES TO REMEMBER IN THE USTA/MIDWEST SECTION

- **February 15** - The USTA/Midwest Section will endorse to the USTA National Spring Championships.
- **May 15** - The USTA/Midwest Section will endorse to the Boys & Girls’ 14 Zone Team Championships.
- **April 8-10** - USTA/Midwest Section Multicultural Participation Coaches Workshop, Indianapolis, IN
- **April 23-24** - Competition Training Center Sectional Championships: Indianapolis, IN
- **April 29-May 1** - USTA/Midwest Section Spring Meeting, Indianapolis, IN
- **June 1** - The USTA/Midwest Section will endorse to the USTA National Clay Court Championships.
- **June 30** - The USTA/Midwest Section will endorse to the Boys’ & Girls’ 12 and 16 Zone Team Championships and the National Championships.
- **August 27-30** - USA Tennis Teachers Conference; New York, NY
- **September 17-18** - Competition Training Center USA Team Tennis Challenge; Indianapolis, IN
- **November 15** - The USTA/Midwest Section will endorse to the USTA National Winter Championships.
- **December 2-4** - USTA/Midwest Section Annual Meeting; Milwaukee, WI

**Request for a copy of the 2005 USTA/Midwest Section Junior Tournament Schedule:**
Although the junior tournament schedule is accessible on our website, (www.midwest.usta.com) the USTA/Midwest Section will be happy to mail you a paper copy of the schedule upon request. Please call toll-free at 1-866-296-USTA (8782) and leave a message or send an email to marypat@midwest.usta.com

**Reserve Your 2005 USTA/Midwest Section Yearbook:**
USTA members residing in the USTA/Midwest Section are provided a free copy of the USTA/Midwest Section Yearbook. Members MUST reserve a copy which will then be mailed free of charge. If you are a member and would like to receive a free copy of the yearbook, please call toll free at 1-866-296-USTA (8782) or 317-577-5130. You may also send an email to marypat@midwest.usta.com
What is a Tennis Welcome Center?
Thousands of tennis facilities across the country are already registered as Tennis Welcome Centers. You can find Tennis Welcome Centers at neighborhood parks, commercial tennis clubs, health clubs, resorts, high schools and colleges.

Each Tennis Welcome Center will vary by type of facility, programming and amenities. However, they will all offer outstanding introductory tennis programs. Regardless of the Tennis Welcome Center you chose, you are sure to:
- Learn to play tennis fast!
- Get a good workout!
- Meet new people and have a great time!
To find a Tennis Welcome Center in your area, just enter your zip code or City and State.

Reasons and Benefits to Become a Tennis Welcome Center
1. You'll receive free national and local exposure as part of a comprehensive marketing campaign that drives people in your area to your facility through the website TennisWelcomeCenter.com. Our marketing campaign will reach millions of potential new players through a variety of promotions.
2. Free listing on the TennisWelcomeCenter.com website promoting your facility and its program.
3. Your facility receives free of charge: banner, posters, flyers, racquet and ball discount programs and more!
4. The program is supported by the USTA, TIA, and industry organizations in an effort to get more people to play tennis and stay in the game … you can do your part to help grow the game by making your program and your facility part of our Tennis Welcome Center network

Help grow the game while growing your business!
Your facility will be part of the largest marketing campaign EVER to attract new players to our sport.
What does the tennis facility receive?
The TennisWelcomeCenter.com logo will be promoted on:
- 25,000,000 tennis ball cans (special label)
- 2,500,000 starter racquets (hang-tag)
- 1,000,000 tennis shoe boxes (insert)
- 1000+ banners in sporting good stores
- 3000 banners in facilities
- 2,000,000 flyers blitz
- print ads in Tennis and non-tennis publications
- US Open 2004 TV ads and promotion
- 500+ Tennis Channel TV ads
- TV ads in other markets
- National marketing campaign that will include print, TV and more!

Your facility will receive free of charge:
- free listing on TennisWelcomeCenter.com website to promote your facility and its programs
- court banners
- Flyers/Posters/Manual
- Discounted Ball & Racquet programs

For more information, go to www.tenniswelcomecenter.com
CONTACT INFORMATION:
8720 Castle Creek Parkway, Suite 329
Indianapolis, IN 46250
Phone - 317-577-5130; Website - www.midwest.usta.com
Junior Tennis Division Fax - 317-577-5123; General Office Fax- 317-577-5131

Director of Junior Tennis: Andrea Calvert-Sanders: Andrea@midwest.usta.com;
Phone: 317-577-5130 ext. 228
Junior Ranking Coordinator: Greg Boyd: Greg@midwest.usta.com;
Phone: 317-577-5130 ext. 236
Junior Teams Coordinator: Chad Docktor: Chad@midwest.usta.com
Phone: 317-577-5130 ext. 231
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For additional information, please refer to the USTA/Midwest Section Yearbook.