


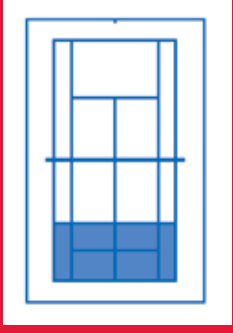

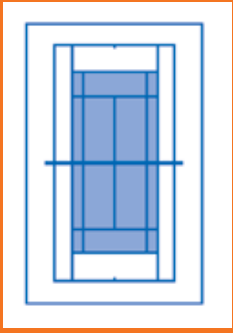

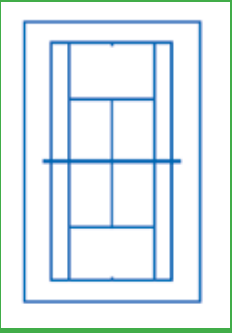

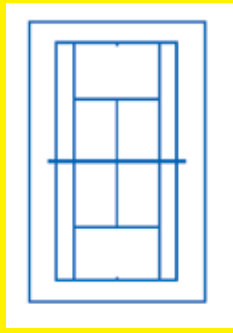


JUNIOR TENNIS PATHWAY

QuickStart tennis



Sanctioned Tournaments

STAGE	AGE	BALL	COURT	NET HEIGHT	RACQUET* (Depending on the size of the player)	SCORING	DESCRIPTION	SUGGESTED PROGRAMS AND TOURNAMENTS
RED	5-8 years	 Red foam or felt 75% slower than yellow ball	 36' x 18'	2' 9"	Up to 23"	Two out of three, 7-point tiebreaks (official USTA rule for 8 & Under competition)	Slower balls, smaller courts and shorter racquets enable young players to rally and play much sooner. Players start to play individual and team games and activities, develop good technique and use simple tactics. All USTA/Midwest Section sanctioned tournaments must use these specifications.	Midwest Youth Team Tennis Level 7 QuickStart Tournaments
ORANGE	9-10 years	 Orange 50% slower than yellow ball	 60' x 21' singles, 60' x 27' doubles	3' center 3' 6" at net posts	25" and below	2 out of 3, 4-game sets using no-ad scoring and a 7-point tiebreak at 4 all. Third set is a 7-point tiebreak	The court is larger and the ball is faster than the red ball but continues to provide an optimal striking zone and the ability to implement advanced techniques and tactics. Matches are longer and kids play both team and individual events. The USTA/Midwest Section recommends these specifications for 10 and Under QuickStart Level 7 sanctioned tournaments.	Midwest Youth Team Tennis Level 7 QuickStart Tournaments
GREEN	10 & under	 Green 25% slower than yellow ball	 78' x 27' singles, 78' x 36' doubles	3' center 3' 6" at net posts	25" - 29"	Two out of three sets with match tiebreak for the third set	The Green ball is faster than the Orange ball but still slower and lower bouncing than the Yellow ball. This helps players to continue to develop good technique, movement, as well as implement advanced tactics. Both team and individual events are played. The USTA/Midwest Section recommends this stage for training and it is required in all Level 1-6 tournaments in the USTA/Midwest Section Points per Round program.	USTA Jr. Team Tennis 10 & Under Advanced Division Level 1-6 10 & Under Tournaments
YELLOW	11 & over	 Yellow	 78' x 27' singles, 78' x 36' doubles	3' center 3' 6" at net posts	25" - 29"	Any scoring system within the Rules of Tennis	Once players have progressed through the Red, Orange and Green stages, they will be ready to train and compete with a Yellow ball on the full court.	USTA Jr. Team Tennis Level 1-7 Tournaments

The USTA/Midwest Section Junior Competition Committee and Midwest Coaches Commission recommend that all 10 & Under competition and training should be organized using slower Red, Orange, and Green balls on the appropriate-sized courts with the appropriate-sized racquet. Please Note: Some players may progress through the USTA/Midwest Section Junior Tennis Pathway faster than other players.